

"The Fruit of the Spirit..." Galatians 5:22

The Fruit Basket

Love • Joy • Peace • Goodness • Kindness • Faith • Patience • Temperance • Gentleness

**Independence Day
July 4, 2011**



*Enjoy Your Freedom !
God Bless Our Troops.
When you receive this, please stop for a moment
and say a prayer for our servicemen and women.
Of all the gifts you could give a U.S. Soldier,
prayer is the very best one.*

THE FRUIT BASKET

Edited and published monthly
by An Orthodox Christian

The goal of this publication is to provide a friendly, light, Orthodox Christian 'Zine (a mini-magazine) that contains a blend of "something to exercise our minds, something to make us laugh, and something to make us meditate on spiritual matters." It is also a venue for sharing our insights and interests.

Articles or comments from our readers are welcome. We reserve the right to edit for suitability, clarity and space. Printing of items does not imply endorsement by the church or the priest or even the editor of this publication. Please call if you need more info.

Send comments or articles

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www.sttheodosius.org Click Parish Publications for back is-



The Pochaev Icon of the
Mother of God

“Rejoice, O Virgin
Theotokos, Mary full of
Grace the Lord is with
you. Blessed are you
among women and
blessed is the fruit of
your womb, for you have
borne the Savior of our
souls.”

WHO PRESERVES OUR FREEDOMS?

It is the VETERAN, not the preacher, who has given us freedom of religion.

It is the VETERAN, not the reporter, who has given us freedom of the press.

It is the VETERAN, not the poet, who has given us freedom of speech.

It is the VETERAN, not the campus organizer, who has given us freedom to assemble.

It is the VETERAN, not the lawyer, who has given us the right to a fair trial.

It is the VETERAN, not the politician, Who has given us the right to vote.

And the VETERAN is given to us by God.

We must never forget that Freedom isn't free...

I watched the flag pass by one day. It fluttered in the breeze.

A young Marine saluted it, And then he stood at ease.

I looked at him in uniform; so young, so tall, so proud.

With hair cut square and eyes alert, he'd stand out in any crowd.

I thought how many men like him had fallen through the years.

How many died on foreign soil; how many mothers' tears?

How many pilots' planes shot down? How many died at sea?

How many foxholes were soldiers' graves?

No, freedom isn't free.

I thought of all the children,
of the mothers and the wives,
of fathers, sons and husbands
With interrupted lives.



I heard the sound of Taps one night, when everything was still.
I listened to the bugler play And felt a sudden chill.

I thought about a graveyard At the bottom of the sea.

Of unmarked graves in Arlington— *No, freedom isn't free.*

Thank God for the men and women in our armed forces.

Submitted by Augie

A Prayer Rule by St. Theophan the Recluse

“A prayer rule for one who is on the path of a God-pleasing life. Memorizing the Psalms— Replacing long prayers with short ones— The prayer rope.

You ask about a prayer rule. Yes, it is good to have a prayer rule on account of our weakness so that on the one hand we do not give in to laziness, and on the other hand we restrain our enthusiasm to its proper measure. The greatest practitioners of prayer kept a prayer rule. They would always begin with established prayers, and if during the course of these a prayer started on its own, they would put aside the others and pray that prayer. If this is what the great practitioners of prayer did, all the more reason for us to do so. Without established prayers, we would not know how to pray at all. Without them, we would be left entirely without prayer.

However, one does not have to do many prayers. It is better to perform a small number of prayers properly than to hurry through a large number of prayers, because it is difficult to maintain the heat of prayerful zeal when they are performed to excess.

I would consider the morning and evening prayers as set out in the prayer books to be entirely sufficient for you. Just try each time to carry them out with full attention and corresponding feelings. To be more successful at this, spend a little of your free time at reading over all the prayers separately. Think them over and feel them, so that when you recite them at your prayer rule, you will know the holy thoughts and feelings that are contained in them. Prayer does not mean that we just recite prayers, but that we assimilate their content within ourselves, and pronounce them as if they came from our minds and hearts.

After you have considered and felt the prayers, work at memorizing them. Then you will not have to fumble about for your prayer book and light when it is time to pray; neither will you be distracted by anything you see while you are performing your prayers, but can more easily maintain thoughtful petition toward God. You will see for yourself what a great help this is. The fact that you will

have your prayer book with you at all times and in all places is of great significance.

Being thus prepared, when you stand at prayer be careful to keep your mind from drifting and your feeling from coldness and indifference, exerting yourself in every way to keep your attention and to spark warmth of feeling. After you have recited each prayer, make prostrations, as many as you like, accompanied by a prayer for any necessity that you feel, or by the usual short prayer. This will lengthen your prayer time a little, but its power will be increased. You should pray a little longer on your own especially at the end of your prayers, asking forgiveness for unintentional straying of the mind, and placing yourself in God's hands for the entire day.

You must also maintain prayerful attention toward God throughout the day. For this, as we have already mentioned more than once, there is remembrance of God; and for remembrance of God, there are short prayers. It is good, very good, to memorize several psalms and recite them while you are working or between tasks, doing this instead of short prayers sometimes, with concentration. This is one of the most ancient Christian customs, mentioned by and included in the rules of St. Pachomius and St. Anthony.

After spending the day in this manner, you must pray more diligently and with more concentration in the evening. Increase your prostrations and petitions to God, and after you have placed yourself in Divine hands once again, go to bed with a short prayer on your lips and fall asleep with it or recite some psalm.

Which psalms should you memorize? Memorize the ones that strike your heart as you are reading them. Each person will find different psalms to be more effective for himself. Begin with Have mercy on me, O God (Psalm 50); then Bless the Lord, O my soul (Psalm 102); and Praise the Lord, O my Soul (Psalm 145). These latter two are the antiphon hymns in the Liturgy. There are also the psalms in the Canon for Divine Communion: The Lord is my shepherd (Psalm 22); The earth is the Lord's, and the fulness

thereof (Psalm 23); I believed, wherefore I spake (Psalm 115); and the first psalm of the evening vigil, O God, be attentive unto helping me (Psalm 69). There are the psalms of the hours, and the like. Read the Psalter and select.

After you have memorized all of these, you will always be fully armed with prayer. When some disturbing thought occurs, rush to fall down before the Lord with either a short prayer or one of the psalms, especially O God, be attentive unto helping me, and the disturbing cloud will immediately disperse.

There you are; everything on the subject of a prayer rule. I will, however, mention once again that you should remember that all these are aids, and the most important thing is standing before God with the mind in the heart with devotion and heartfelt prostration to Him.

I thought of something else to tell you! You may limit the entire prayer rule just to prostrations with short prayers and prayer in your own words. Stand and make prostrations, saying Lord have mercy, or some other prayer, expressing your need or giving praise and thanks to God. You should establish either a number of prayers, or a time-limit for prayer, or do both, so that you do not become lazy.

This is necessary, because there is a certain incomprehensible peculiarity about us. When, for example, we go about some outward activity, hours pass as if they were a minute. When we stand at prayer, however, hardly have a few minutes gone by, and it seems that we have been praying for an extremely long time. This thought does not cause harm when we perform prayer according to an established rule; but when somebody prays and is just making prostrations with short prayers, it presents a great temptation. This can put a halt to prayer that has barely begun, leaving the false assurance that it has been done properly. Thus, the good practitioners of prayer came up with prayer ropes so that they would not be subject to this self-deception. Prayer ropes are suggested for use by those who desire to pray using their own prayers, not prayers from a prayer book. They are used as follows: Say Lord Jesus Christ, have mercy on me a sinner, and move one bead between your fingers. Repeat the prayer again and move another bead, and so on.

Make a prostration during each repetition of the prayer, either a partial one from the waist or a full one to the ground, as you prefer; or, for small beads, make a prostration from the waist, and for large ones, a full one to the ground. The rule in all of this consists in having a definite number of prayer repetitions with prostrations to which are added other prayers in your own words. When deciding on the number of prostrations and prayers, establish a time limit, so that you do not deceive yourself as to haste when you perform them. If haste creeps in, you can fill up the time by making more prostrations.

How many prostrations should be done for each prayer is set down at the end of the Psalter with sequences in two categories, one for diligent people and the other for lazy or busy people. The elders now living among us in sketes or special kellia in places such as Valaam or Solovki serve the entire service according to this. If you would like to, now or some other time, you can perform your own prayer rule in this manner. Before you do this, however, get used to performing it in the manner prescribed for you. Perhaps you will not need a new rule. In any case, I am sending you a prayer rope. Try it! Note how much time you spend at morning and evening prayer, then sit down and say your short prayers with the prayer rope, and see how many times you go around the rope during the time usually required for your prayer. Let this quantity be the measure of your rule. Do this not during your usual prayer time, but at some other time, although do it with the same sort of attentiveness. The prayer rule, then, is carried out in this way, standing and making bows.

After reading this, do not think I am driving you into a monastery. I first heard about praying with a prayer rope from a lay person, not a monk. Many lay people and monastics pray in this way. It should be suitable for you, too. When you are praying with prayers that you have memorized and they do not move you, you may pray that day using the prayer rope, and do the memorized prayers another day. Thus, things will go better.

Taken from

<http://orthodoxpathway.blogspot.com/2010/08/simple-prayer-rule.html>

SOME ORTHODOX MORNING PRAYERS

As an Evangelical used to extempore prayer based around reading the Bible and using the ACTS formula —Adoration, Contrition, Thanksgiving, Supplication (for others and self) —using the set prayers of the Orthodox Church came initially as a bit of a shock. But as time went on and I began to learn them off by heart (think about that phrase) I came to realise that here was true freedom. Using these ancient words written by Christians who knew a lot more about prayer than I do I began to invest my whole self into their meaning instead of trying to wonder what to say next (and to say it).

Here are some prayers from the opening of Morning Prayer (+ denotes the making of the sign of the cross):

+ In the Name of the Father, and of the Son, and of the Holy Spirit. Amen.

O Lord, pardon my sins and transgressions. We bow before thy Cross, O Master, and we glorify thy Holy Resurrection. O Lord, if I have sinned all my days in word or deed, have mercy upon me, a sinner, for thy mercy's sake. Glory to Thee, our God, glory to Thee.

O Heavenly King, O Comforter, the Spirit of truth, Who art everywhere and fillest all things, the Treasury of blessings and Giver of Life, come and abide in us. Cleanse us from all impurity, and save our souls O Good One.

Most Holy Trinity, have mercy on us,

O Lord, cleanse us from our sins. O Master, pardon our iniquities.

O Holy One, visit and heal our infirmities for Thy Name's sake.

Lord, have mercy Lord, have mercy Lord, have mercy.

+Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever, and unto ages of ages. Amen

Our Father, who art in Heaven, ...

Arising from sleep, I thank You, O Most Holy Trinity, that, for the sake of Your great kindness and longsuffering, You have not had

indignation against me, for I am slothful and sinful. Neither have You destroyed me in my transgressions. But You have shown Your customary love toward mankind, and have raised me up as I lay in heedlessness, that I might sing my morning hymn and glorify Your sovereignty. Do now enlighten the eyes of my understanding, open my ears to receive Your words, and teach me Your commandments. Help me to do Your will, to sing to You, to confess You from my heart, and to praise Your All-Holy Name:

+of the Father, and of the Son, and of the Holy Spirit, now and ever, and unto ages of ages. Amen.

Next follows the Nicene Creed, readings, intercessions, ending with the following:

O Lord, grant me to greet the coming of the day in peace, help me in all things to rely upon Your holy will. In every hour of the day reveal Your will to me. Bless my dealings with all who surround me. Teach me to treat all that comes to me throughout the day with peace of soul and with firm conviction that Your will governs all. In all my deeds and words, guide my thoughts and feelings. In unforeseen events, let me not forget that all are sent by You. Teach me to act firmly and wisely, without embittering and embarrassing others. Give me strength to bear the fatigue of the coming day with all that it shall bring. Direct my will, teach me to pray. And, Yourself, pray in me. Amen.

(By Metropolitan Philaret of Moscow)

You can find these and other prayers in the wonderful and eye-opening *Orthodox Study Bible*. But please note that these prayers must be prayed not just with the lips but from the heart otherwise they will be dry and useless. As John Bunyan once advised: “When you pray, rather let your heart be without words than your words

Taken from <http://orthodoxpathway.blogspot.com/2009/12/orthodox-morning-prayer.html>

FROM THE PHILOKALIA

TOPIC: THE HEART

To brood on evil makes the heart brazen; but to destroy evil through self-restraint and hope breaks the heart. There is a breaking of the heart that is gentle and makes it deeply penitent, and there is a breaking that is violent and harmful, shattering it completely. Vigils, prayer, and patient acceptance of what comes constitute a breaking that does not harm but benefits the heart, provided we do not destroy the balance between them through excess. He who perseveres in them will be helped in other ways as well; but he who is slack and negligent will suffer intolerably on leaving this life. A self-indulgent heart becomes a prison and chain for the soul when it leaves this life; whereas an assiduous heart is an open door.

ST. MARK THE ASCETIC
I, ON THE SPIRITUAL LAW, SEC. 17020

Annotation: Mark (early fifth century) was the author of nine works of theology and spirituality, but little else is known about him. He was a monk and hermit, possibly in Palestine, Egypt,

Circumcision of the heart in the spirit signifies the utter stripping away from the senses and the intellect of their natural activities connected with sensible and intelligible things. This stripping away is accomplished by the Spirit's immediate presence, which completely transfigures body and soul and makes them more divine.

ST. MAXIMOS THE CONFESSOR
II, FIRST CENTURY ON THEOLOGY, SEC. 46

Annotation: In the Orthodox spiritual tradition, a good deal is made of the transfiguration of Christ and the light of the Transfiguration on Mount Tabor. First, Orthodoxy sees the Transfiguration as the destiny of all of God. Second, the experience of *theosis* on Mount Athos has often been described as

PHILOKALIA, The Eastern Christian Spiritual Texts, translation by G. E. H. Palmer, Philip Sherrard, and Bishop Kallistos Ware. Annotation by Allyne Smith

OUR NEWEST ALTAR SERVER

On June 12 we were delighted to welcome our newest altar server, Jason Pfeiffer, age 7 1/2, son of David and Joy Pfeiffer, and grandson of Pearl Pfeiffer.

This was Jason's first appearance in front of the iconostasis after about a month of preparation behind the scenes.

He can be seen in the picture below holding the container of prosphora as Fr. John Zdinak holds the cross for veneration after the Divine Liturgy.



Thank you, Jason, all altar servers, their parents, and SubDeacon Darrell Felon, their coordinator. May your ministry be a rich blessing to you as you participate and learn more about our Orthodox beliefs and traditions.

Michael Byndas, Christopher Miklos, Jacob Ponomarenko, Alexej Pricinovskis, Peter Sankovic, Matthew Swit, and Michael and Nicholas Zolikoff.

God grant you Many Years!

WORD SEARCH FOR JULY 2011

E S S A S A A Y G Y H P S J N N Z H S W
W T T N S H N L R A E R K U A A A P I A
Y S C I B T I U E D A O R C I T R V L T
N E L R O R T J A E L P O A M I C N V E
O R E A R A S O T C E H W V A O H C A R
H A M M I M I Q P N R E E E D N A S N M
T P E R S N R S R E P T R N D S N T U E
N H N Y A E H F I D A E I E N B G A S L
A I T T N V C S N N N Z F L A I E N S O
N M N R D T R T C E T E P A S R G D R N
E I H A G X Y A E P E K I D A T A R E B
V Z O M L M T N V E L I C G M H B E K S
B E J T E N R T L D E E N A S D R W C U
U O T A B K A H A N I L I M O A I O A I
P H S E A N M O D I M E C Y C Y E F R P
B R Y R B G O N I V O T S R L S L C C O
Q Z A G K Q B Y M A N C U A Z C H R E C
E D A N O M E L I A E Y Q M N G O E R O
Q S G O D T O H R H A F A F Y J A T I R
M A R T Y R C A L L I N I C U S E E F P

Just for Today...

I will live through this day only. I will not brood about yesterday or obsess about tomorrow.

I know that I can do something for 24 hours that would overwhelm me if I had to keep it up for a lifetime.

I will be happy. I will not dwell on thoughts that depress me. If my mind fills with clouds, I will chase them away and fill it with sunshine.

Taken from The Cleveland Plain Dealer, January 1, 2011

THE FRUIT BASKET

July 2011

WORD SEARCH LIST FOR JULY

ARCHANGEL GABRIEL	NATIONS BIRTHDAY
COSMAS AND DAMIAN	PICNICS
FIRECRACKERS	PROCOPIUS
FIREWORKS	PROPHET EZEKIEL
GREAT MARTYR MARINA	SILVANUS
GREAT PRINCE VLADIMIR	SS BORIS AND GLEB
HEALER PANTELEIMON	ST ANDREW OF CRETE
HOT DOGS	ST ANTHONY
INDEPENDENCE DAY	ST CLEMENT
JULY	ST JOHN
LEMONADE	ST SERAPHIM
MARTYR CALLINICUS	VEN ANTHONY
MARTYR CHRISTINA	VEN MARTHA
MARY MAGDALENE	WATERMELON

BIBLE BRAIN WORKOUT FOR JULY

461. Of what man do we read that the Lord met him at an inn and sought to kill him?
462. When were a father and his daughter both burned alive?
463. When did the Israelites offer to pay for water to drink?
464. Who set up a great stone for a witness under an oak?
465. Which verse speaks of silver, iron, tin, and lead?
466. Which prophet was imprisoned for many days in cabins?
467. Where does Scripture speak of a frying pan?
468. Name the only man of whom we read that after his death he was put in a coffin.
469. Where does Scripture mention the spokes of a wheel?
460. Under what circumstances were the Israelites commanded to break the neck of the foal of an ass?

Answers on page 19

How did you score? 6 or more correct—A+; 5 correct—A Superior; 3+ correct—B+ Pretty good; 2 correct—C Fair; Less than 2 correct— an opportunity to make reading the Bible daily a wonderful habit!

HIDDEN WORDS: THE BOY JESUS

These words appear in Luke 2:41-52. Find them hidden in the sentences below. See number 2 for an example.

temple teacher parent search mother
festival Passover father heart wisdom

1. It takes many light years for a ray of sun to reach earth.
2. Grandma ordered tea, cherry pie, and ice cream for dessert.
3. The bus driver complained that his ear, cheek and chin were sunburned on his left side.
4. I was asked to take part in an ecumenical songfest. I valued the experience.
5. When you look through the prize catalog, I'm sure you'll find an item pleasing to your taste.
6. I agree;kiwis do make a colorful garnish for salads.
7. Karen bought a new cage for her pet marmot. Her old one fell apart.
8. If you wish to lose a few pounds of fat, here are some exercises you can try.
9. The hunter left his compass over there under the tree.
10. We'll pick up a rental car at the airport.

MATCHING

Match Jesus' statement to the person, group, or occasion.

- | | |
|---------------------------|-----------------------------|
| 1. "Do you love me?" | A. The Apostles in a storm. |
| 2. "Woe to you!" | B. Peter |
| 3. "Be silent!" | C. Pharisees |
| 4. "Where is your faith?" | D. Satan |
| 5. "Away with you!" | E. Unclean spirit |

CRYPTOGRAM CHALLENGE FOR JULY

The following message is written in code using regular letters. Your task is to figure out which real letters the code letters stand for.

ATBL KLYIH ZU KL Z PZV,

TIIZYVXUP OZ HZJY

CZBXUPRXUVULMM: TIIZYVXUP

OZ OAL KJCOXOJVL ZE HZJY

OLUVLY KLYIXLM NCZO ZJO KH

OYTUMPYLMXZUM.

To make this more of a challenge cover up or have somebody cross out some or even all of the Cheat Chart!!!

CHEAT CHART--IT GIVES YOU SOME OF THE LETTERS.

<u>REAL LETTERS</u>	<u>e i c n g r s t</u>
CODE LETTERS	L X I U P Y M O

Tougher Challenge for the Whiz Kids!

RSM FOAX AX HAKW

WFWNSRH, FORF FOWU TACOF

VSQB UQL FOW QSHU

FNLW CQM, RSM IWXLS

YONAXF, BOQT FOQL ORDW

XWSF.

F=t Q=O W=e

From *Jumbo Bible Word Games* donated by Barbara Shepherd.

THE MEANING OF THE FOLDED FLAG

Our founding fathers used GOD's word and teachings to establish our Great Nation and it is an integral part of our nation's history. Be proud of the country we live in and even more proud of those who serve to protect our 'GOD GIVEN' rights and freedoms. I hope you take the time to read this ... To understand what the flag draped coffin really means ... Here is how to understand the flag that laid upon it and is surrendered to so many widows and widowers.

Have you ever noticed the honor guard pays meticulous attention to correctly folding the United States of America Flag 13 times? You probably thought it was to symbolize the original 13 colonies, but we learn something new every day!

The 1st fold of the flag is a symbol of life.



The 2nd

fold is a symbol of the belief in eternal life.



The 3rd

fold is made in honor and remembrance of the veterans departing the ranks who gave a portion of their lives for the defense of the country to attain peace throughout the world.



The 4th fold represents the weaker nature, for as American citizens trusting in God, it is to Him we turn in times of peace as well as in time of war for His divine guidance.

The 5th fold is a tribute to the country, for in the words of Stephen Decatur, 'Our Country, in dealing with other countries, may she always be right; but it is still our country, right or wrong.'

'**The 6th fold** is for where people's hearts lie. It is with their heart that they pledge allegiance to the flag of the United States of America , and the Republic for which it stands, one Nation under God, indivisible, with Liberty and Justice for all.**The 7th fold** is a tribute to its Armed Forces, for it is through the Armed Forces that they protect their country and their flag against all her enemies, whether they be found within or without the boundaries of their republic.**The 8th fold** is a tribute to the one who entered into the valley of the shadow of death, that we might see the light of day. **The 9th fold** is a tribute to womanhood, and Mothers. For it has been through their faith, their love, loyalty and devotion that the character of the men and women who have made this country great has been molded.**The 10th fold** is a tribute to the father, for he, too, has given his sons and daughters for the defense of their country since they were first born.**The 11th fold** represents the lower portion of the seal of King David and King Solomon and glorifies in the Hebrews eyes, the God of Abraham, Isaac and Jacob.**The 12th fold** represents an emblem of eternity and glorifies, in the Christians eyes, God the Father, the Son and Holy Spirit.



The 13th fold, or when the flag is completely folded, the stars are uppermost reminding them of their Nations motto, 'In God We Trust.'

After the flag is completely folded and tucked in, it takes on the appearance of a cocked hat, ever reminding us of the soldiers who served under General George Washington, and the Sailors and Marines who served under Captain John Paul Jones, who were followed by their comrades and shipmates in the Armed Forces of the United States, preserving for them the rights, privileges and freedoms they enjoy today. There are some traditions and ways of doing things that have deep meaning. In the future, you'll see flags folded and now you will know why. Share this with the children you love and all others who love what is referred to, the symbol of 'Liberty and Freedom.'**MAY GOD PROTECT US ALWAYS. ONE NATION, UNDER GOD, WITH LIBERTY AND JUS-**

Submitted by June K.

HE AIN'T SO DUMB: A FISHY STORY

A redneck with a bucket full of live fish was approached recently by a game warden in West Virginia as he started to drive his boat away from a lake. The game warden asked the man, "May I see your fishing license please?" "Naw, sir," replied the redneck. "I don't need none of them there papers. These here are my pet fish." "Pet fish??" "Yep. Onct a week, I bring these here fish o'mine down to the lake and let 'em swim 'round for a while. Then when I whistle, they swim right back into my net and I take 'em home." "What a line of horse ____...you're under arrest." The redneck protested, "It's the truth, Mr. Gov'ment Man. I'll show ya! We do this all the time!!" "WE do, now, do WE?" smirked the warden. "PROVE it!" The redneck released the fish into the lake and stood and waited. After a few minutes, the warden said, "Well?" "Well, WHUT?" said the redneck. The warden asked, "When are you going to call them back?" "Call who back?" "The FISH," replied the warden! "Whut fish?" asked the redneck.

Submitted by Augie

SUMMERTIME PALS



FROM AN ORTHODOX DICTIONARY

AMEN: The only part of a prayer that everyone knows.

BULLETIN: Your receipt for attending church.

CHOIR: A group of people whose singing allows the rest of the Parish to lip-sync.

HOLY WATER: A liquid whose chemical formula is H₂O.

HYMN: A song of praise usually sung in a key three octaves higher than that of the congregation's range.

INCENSE: Holy Smoke!

JUSTICE: When kids have kids of their own.

MAGI: The most famous trio to attend a baby shower.

PEW: A medieval torture device that strongly encourages people to stand.

RELICS: People who have been going to church for so long, they actually know when to sit, kneel, and stand.

USHERS: The only people in the parish who don't know the seating capacity of a pew.

Submitted by Steve B.

WORDS OF WISDOM

- 1 Always keep your words soft and sweet, just in case you have to eat them.
- 2 Drive carefully... It's not only cars that can be recalled by their Maker..
- 3 If you can't be kind, at least have the decency to be vague
- 4 If you lend someone \$20 and never see that person again, it was probably worth it.
5. Never buy a car you can't push.
6. Never put both feet in your mouth at the same time, because then you won't have a leg to stand on.

Submitted by Kathy B.

Bible Brain Workout Answers

461. Ex. 4:24

462. Judg. 15:6

463. Num. 20:19

464. Josh. 24:26-27

465. Ezek. 27:12

466. Jer. 37:16

467. Lev. 2:7, 7:9

468. Gen. 50:26

469. I Kings 7:33

470. Ex. 34:20

Matching

1.B

2.C

3.E

4.A

5.D

THE FRUIT BASKET

18893 Howe Road
Strongsville, OH 44136

Sunshine Greetings from

St. Theodosius Orthodox Cathedral



CALENDAR for JULY
20 Holy Prophet Elijah
31 Forefeast Procession
of the Lifegiving Cross