

Ambo

ST. THEODOSIUS ORTHODOX CATHEDRAL



MARCH 5, 2023

38TH SUNDAY AFTER PENTECOST

SUNDAY OF
ORTHODOXY

733 Starkweather Avenue
Cleveland, Ohio 44113

www.sttheodosius.org

Father Jan Cizmar
1(440) 732-8182
st.theodosiuscathedral@gmail.com

Office Hours TWTh
9AM-2PM, please call ahead

Subdeacon Michael Tabeling,
Sacristan

Subdeacon Igor Gajewsky
Sacristan

Reader Julius Kovach,
Ecclesiarch & Choirmaster

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Mary Swit, Parish Secretary
1(216) 574-4886
StTheodosiusCathedral@protonmail.com

Office Hours MTWTh
10:00AM-2:00PM

Paul Zawolowycz
Ambo Editor

Divine Services

Eve Sundays & Feast Days

5:00 PM Confessions

6:00 PM Great Vespers

Sundays and Feast Days

8:40 AM 3rd and 6th Hour

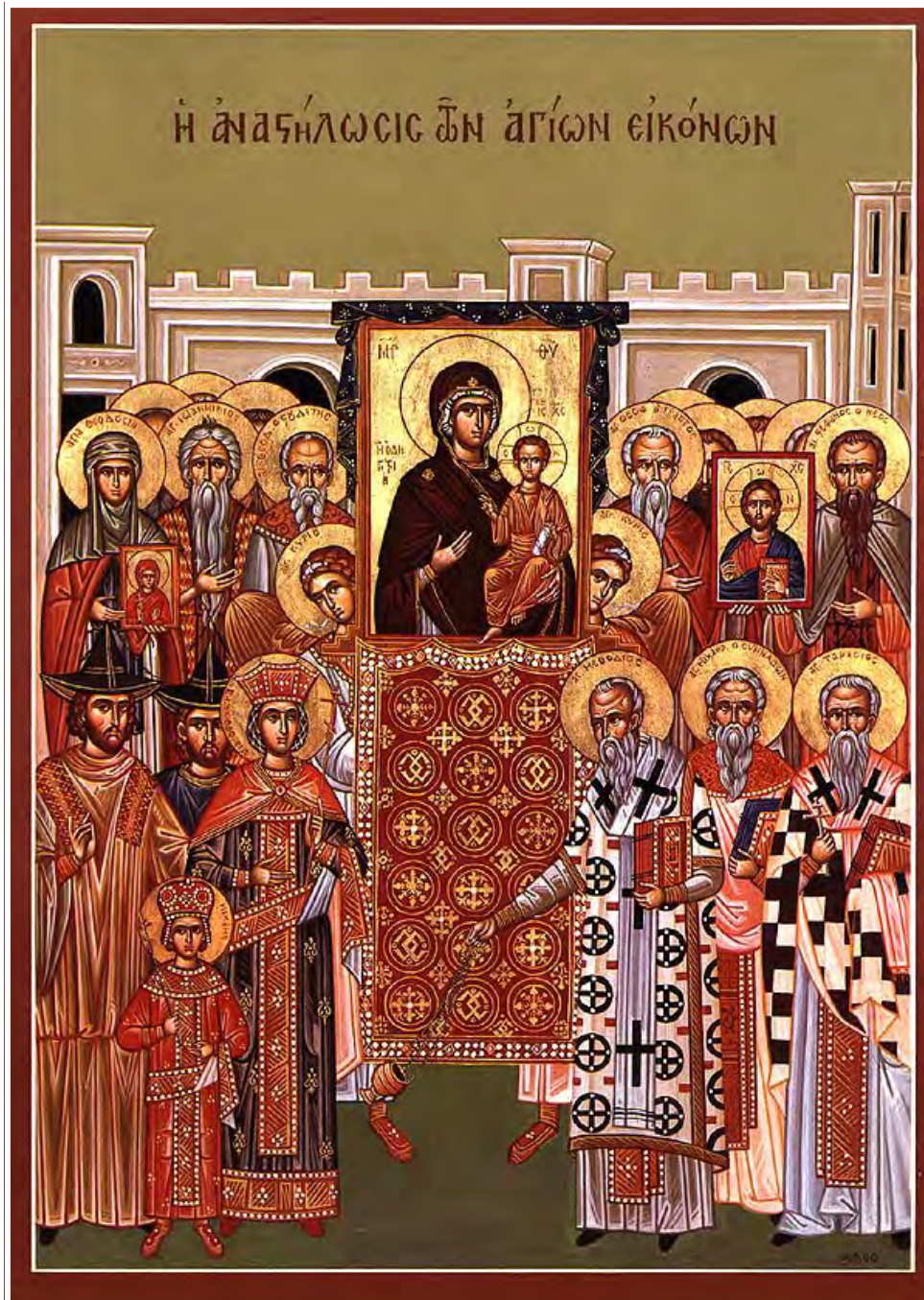
9:00 AM Divine Liturgy

Please check weekly schedule
for specific days (last page).

Previous Ambos on website.

Articles for publication
should be submitted to:

ambo-theodosius@googlegroups.com



The first Sunday of Great Lent is called the **Sunday of Orthodoxy** because it commemorates the restoration of the Holy Icons and the triumph of the Orthodox Faith against the terrible heresy of the Iconoclasts, i.e. those heretics who refused to honor the Holy Icons. For more than a hundred years the Church was disturbed by the evil doctrine of iconoclasm.

The first Emperor to persecute the Church was Leo the Isaurian, and the last was Theophilos, the spouse of Saint Theodora (February 11), who reigned after her husband's death and re-established Orthodoxy in the time of Patriarch Methodios (June 14). Empress Theodora proclaimed publicly that we do not kiss the Icons as a sign of worship, nor do we honor them as

"gods," but as images of their prototypes.

In the year 843, on the first Sunday of the Fast, Saint Theodora and her son, Emperor Michael, venerated the Holy Icons together with the clergy and the people. Since that time this event has been commemorated every year, because it was definitively determined that we do not worship the Icons, but we honor and glorify all the Saints who are depicted on them. We worship only the Triune God: the Father, the Son and the Holy Spirit, and no one else, neither a Saint, nor an Angel.

Originally, the Holy Prophets Moses, Aaron, and Samuel were commemorated on this Sunday.

The Alleluia verses appointed for today's Liturgy reflect this older usage.

VISITATIONS

Fr. Cizmar would like to know who requires visitation. He is eager to visit those who might have gone a long time without visitation for any reason at all. A key duty of a priest's ministry is to visit the sick and confined, those unable to attend the holy services for any reason. His phone number and email address are printed on the front of every Ambo, and are repeated here:

Father Jan Cizmar - 1(440) 732-8182 - st.theodosiuscathedral@gmail.com

"The Golden Age" - St. Theodosius Cathedral Choir

We are pleased to announce the release of a *limited edition*, newly re-mastered recording of the **Annual Cathedral Choir Christmas Concerts from 1977 and 1979**. This recording demonstrates the excellence of singing by the Cathedral Choir at a time when there were almost 50 singers! Some of the arrangements are sung in 8-part harmony. Most of the singing is in Church Slavonic. There is more than 90 minutes of a cappella choral music. This is a collector's item you will not want to miss.

Listen to some of the most outstanding Russian liturgical masterpieces by composers Arkhangelsky, Chesnokov, Grechaninov, Ippolitov-Ivanov, Kastalsky, Rimsky-Korsakov, and Yaichkov. Included are Bortniansky's "Te Deum" ("Tebe Boha Khvalim") from the Moleben Service. There are traditional international Christmas Carols on this recording as well as popular carols sung by everyone attending the concerts.

ORDER NOW

You may reserve your copy of this unique recording by completing an order form available at the Cathedral or by contacting the Choirmaster. We are asking for a donation of \$20 per CD or USB drive to cover production costs. Cash OR checks made payable to St. Theodosius Cathedral/Music.

Church School Calendar

Saturday April 8
(Lazarus Saturday)

Saturday May 6
Saturday June 3

BEING ORTHODOX
RESILIENCE
in a Time of Doubt
Saturday, March 11, 2023
1:00 pm to 4:00 pm

Fr Thomas Soroka

Archangel Michael Orthodox Church
5025 East Mill Road
Broadview Heights, Ohio 44147
\$15 donation RSVP to
440-526-5192 or info@stmichaelscleveland.org



The Sermon on the Mount (*Matthew Chapters 5, 6, and 7*)

A Brief Catechism by H. Paul Finley

Presented at St. Theodosius Orthodox Church

First Five Wednesdays of Great Lent following Presanctified Liturgy

The Sermon on the Mount begins with the Beatitudes, but the whole of the sermon gives us instruction on how to live out those beatitudes, “the blessings,” in our day-to-day life. It is that life which leads us to heaven, where we will see the Risen Christ face to face and dwell with the Saints forever.

March 1, 2023 - The Beatitudes: A Stairway to Heaven (Matthew 5:1-16)

March 8, 2023 – Living the Beatitudes from the Inside Out (Matthew 5:17-48)

March 15, 2023 – Staying in Shape as We Climb the Stairway: Prayer, Fasting, and Almsgiving (Matthew 6:1-24)

March 22, 2023 – Don’t be Distracted by Possessions and Worry as You Make the Climb (Matthew Chapter 6:25-34)

March 29, 2023 - Seven Traps as You Climb the Staircase (Matthew Chapter 7)

PRAYER REQUESTS

as of 3/5/2023

Deceased

Archpriest Daniel Rentel

Peter

Special Intentions:

Priest Andrew

Subdeacon Theodore Lentz

Subdeacon Igor Gajewsky

Reader Paul Pangrace

Reader Frank Tkacz

Stephen Chwalyk

Horia Dascalescu (*Lavinia's brother*)

Diane Kearsey (*Janice Tkacz's Sister*)

Janice Tkacz

Eleanor Wachovec (*friend of Karen Felon*)

Rachel Ohlin (*relative of Tatiana*)

Erin Zawolowycz

Joseph Czajkowski (*son of Jerry*)

Carol Nielsen (*Paul Pangrace's sister*)

Virginia Medvec

Jeffrey Parhamovich (*brother of Karen Felon*)

Margaret Parhamovich (*sister-in-law of Karen Felon*)

Margaret Peyton (*Cathy's aunt*)

Jean Woycitzky Thompson (*Frank's cousin*)

Anna Marie Luvison (*daughter of Matthew & Katie (Ellis) Luvison*)

Debra Parhamovich (*sister of Karen Felon*)

Grace Mary Parhamovich (*mother of Karen Felon*)

Gayle Vidovich

Elizabeth Balasz

Christina Hile (*Nisi & Cindy's sister*)

Lonnie Ellis (*Husband to Debra Ellis*)

Robert Martin Prock

Andrew (*Nephew of Deborah Finley*)

Valentina Zawolowycz (*mother of Paul Z*)

Melvin Timm

Michael and Nichole Zolikoff and unborn child

Helga Timm

Please submit names to the Prayer List by emailing them to Fr. Jan Cizmar
st.theodosiuscathedral@gmail.com

Or calling at 1(440) 732-8182

Names remain on the list for 30 days unless requested otherwise.

BIBLE READINGS FOR THE WEEK

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|---|---|--|--|
| <p>Sunday, March 5 Luke 24:12-35 Hebrews 11:24-26, 32-12:2 John 1:43-51</p> | <p>Wednesday, March 8 Isaiah 5:16-25 Genesis 4:16-26 Proverbs 5:15-6:3</p> | <p>Hebrews 12:1-10 Matthew 20:1-16</p> <p>Friday, March 10 Isaiah 7:1-15 Genesis 5:32-6:8 Proverbs 6:20-7:1</p> | <p>Sunday, March 12 Luke 24:36-53 Hebrews 7:26-8:2 John 10:9-16 Hebrews 1:10-2:3 Mark 2:1-12</p> |
| <p>Monday, March 6 Isaiah 4:2-5:7 Genesis 3:21-4:7 Proverbs 3:34-4:22</p> | <p>Thursday, March 9 Isaiah 6:1-12 Genesis 5:1-24 Proverbs 6:3-20 Isaiah 43:9-14</p> | <p>Saturday, March 11 1 Thessalonians 4:13-17 John 5:24-30 Hebrews 3:12-16 Mark 1:35-44</p> | |
| <p>Tuesday, March 7 Isaiah 5:7-16 Genesis 4:8-15 Proverbs 5:1-15</p> | <p>Wisdom of Solomon 3:1-9 Wisdom of Solomon 5:15-6:3 Luke 21:12-19</p> | | |

ST. THEODOSIUS IS A SUBSCRIBER TO TITHE.LY

In response to requests to be able to donate electronically, we have set up a Tithe.ly account so people can donate either regularly or for special occasions online. Click here to see: <https://www.sttheodosius.org/donate>



Sunday, March 5
 38th Sunday after Pentecost
Sunday of Orthodoxy
 8:40 AM 3rd and 6th Hours
 9:00 AM Divine Liturgy
 Coffee Hour

Monday, March 6
 The 42 Martyrs of Ammoria in Phrygia, including: Constantine, Aetitus, Theophilus, Theodore, Melissenus, Callistus, Basoës and others (ca. 845)

Tuesday, March 7
 The Holy Hieromartyrs of Cherson: Basil, Ephraim, Capito, Eugene, Aetherius, Elpidius, and Agathodorus (4th c.)

Wednesday, March 8
 St. Theophylactus, Bishop of Nicomedia (842-845)
 4:30 PM Confessions
 5:30 PM - Ninth Hour and Typica
 6:00 PM Presanctified Liturgy
 Short lecture by Paul Finley
 Lenten Potluck



WEEKLY SCHEDULE 2023

Thursday, March 9
 The Holy Forty Martyrs of Sebaste (ca. 320)

Friday, March 10
 Martyr Quadratus and those with him (258, 267-268)
 6:00 PM Akathist to the Passions of Christ

Saturday, March 11
 Second Saturday of Great Lent
Memorial Saturday
 5:00 PM Memorial Service
 5:30 PM Confessions
 6:00 PM Great Vespers

Sunday, March 12
 2nd Sunday of Great Lent
St. Gregory Palamas
 8:40 AM 3rd and 6th Hours
 9:00 AM Divine Liturgy
 Coffee Hour