

Ambo

ST. THEODOSIUS ORTHODOX CATHEDRAL



MARCH 15, 2020

Second Sunday of Lent

Mailing:

733 Starkweather Avenue
Cleveland, Ohio 44113

www.sttheodosius.org

Protodeacon Daniel Boerio
1(216) 513-5307
dboerio79@yahoo.com

Subdeacon Michael Tabeling,
Sacristan

Reader Julius Kovach,
Ecclesiarch & Choirmaster

Erin Zawolowycz
Ambo Editor

Divine Services

Eve Sundays & Feast Days

5:00 PM Confessions

6:00 PM Great Vespers

Sundays and Feast Days

8:40 AM 3rd and 6th Hour

9:00 AM Divine Liturgy

AMBO: Articles for publica-
tion should be submitted to:

[ambo-theodosius](mailto:ambo-theodosius@googlegroups.com)

[@googlegroups.com](mailto:ambo-theodosius@googlegroups.com)

by Wednesday of each week
before noon.

* CALENDAR: Event dates
must be submitted by the
15th of each month.



St. Patrick Bishop of Armagh, Enlightener
Of Ireland (March 17)

Saint Patrick, the Enlightener of Ireland was born around 385, the son of Calpurnius, a Roman decurion (an official responsible for collecting taxes). He lived in the village of Bannavem Taberniae, which may have been located at the mouth of the Severn River in Wales. The district was raided by pirates when Patrick was sixteen, and he was one of those taken captive. He was brought to Ireland and sold as a slave, and was put to work as a herder of swine on a mountain identified with Slemish in Co. Antrim. During his period of slavery, Patrick acquired a proficiency in the Irish language which was very useful to him in his later mission.

He prayed during his solitude on the mountain, and lived this way for six years. He had two visions. The first told him he would return to his home. The second told him his ship was ready. Setting off on foot, Patrick walked two hundred miles to the coast. There he succeeded in boarding a ship, and returned to his parents in Britain.

Some time later, he went to Gaul and studied for the priesthood at Auxerre under Saint Germanus (July 31). Eventually, he was consecrated as a bishop, and was entrusted with the mission to Ireland, succeeding Saint Palladius (July 7). Saint Palladius did not achieve much success in Ireland. After about a year he went to Scotland, where he died in 432.

Patrick had a dream in which an angel came to him bearing many letters. Selecting one inscribed "The Voice of the Irish," he heard the Irish entreating him to come back to them.

Although Saint Patrick achieved remarkable results in spreading the Gospel, he was not the first or only missionary in Ireland. He arrived around 432 (though this date is disputed), about a year after Saint Palladius began his mission to Ireland. There were also other missionaries who were active on the southeast coast, but it was Saint Pat-

rick who had the greatest influence and success in preaching the Gospel of Christ. Therefore, he is known as "The Enlightener of Ireland."

His autobiographical Confession tells of the many trials and disappointments he endured. Patrick had once confided to a friend that he was troubled by a certain sin he had committed before he was fifteen years old. The friend assured him of God's mercy, and even supported Patrick's nomination as bishop. Later, he turned against him and revealed what Patrick had told him in an attempt to prevent his consecration. Many years later, Patrick still grieved for his dear friend who had publicly shamed him.

Saint Patrick founded many churches and monasteries across Ireland, but the conversion of the Irish people was no easy task. There was much hostility, and he was assaulted several times. He faced danger, and insults, and he was reproached for being a foreigner and a former slave. There was also a very real possibility that the pagans would try to kill him. Despite many obstacles, he remained faithful to his calling, and he baptized many people into Christ.

The saint's Epistle to Coroticus is also an authentic work. In it he denounces the attack of Coroticus' men on one of his congregations. The Breastplate (Lorica) is also attributed to Saint Patrick. In his writings, we can see Saint Patrick's awareness that he had been called by God, as well as his determination and modesty in undertaking his missionary work. He refers to himself as "a sinner," "the most ignorant and of least account," and as someone who was "despised by many." He ascribes his success to God, rather than to his own talents: "I owe it to God's grace that through me so many people should be born again to Him."

By the time he established his episcopal See in Armagh in 444, Saint Patrick had other bishops to assist him, many native priests and deacons, and

he encouraged the growth of monasticism.

Saint Patrick is often depicted holding a shamrock, or with snakes fleeing from him. He used the shamrock to illustrate the doctrine of the Holy Trinity. Its three leaves growing out of a single stem helped him to explain the concept of one God in three Persons. Many people now regard the story of Saint Patrick driving all the snakes out of Ireland as having no historical basis.

Saint Patrick died on March 17, 461 (some say 492). There are various accounts of his last days, but they are mostly legendary. Muirchu says that no one knows the place where Saint Patrick is buried. Saint Columba of Iona (June 9) says that the Holy Spirit revealed to him that Patrick was buried at Saul, the site of his first church. A granite slab was placed at his traditional grave site in Downpatrick in 1899.

Three exciting opportunities to work with us! ZOE Women's Center is looking for a part-time Executive Director, and a radiologist to read scans. We are also seeking someone to help with grant writing. If you or someone you know is interested, please contact Cindy George at: cindygeorge127@gmail.com



ICON OF THE MOTHER OF GOD OF LUBYATOV



This holy icon, which dates from the fifteenth century, was in the Saint Nicholas monastery church in the Pskov region.

There was once a silver plaque with an inscription from 1890 on the reverse of the icon. It told of how Tsar Ivan the Terrible came to the monastery of Saint Nicholas at Lubyatov during Great Lent in 1570. He had stopped there on his way to punish the people of Pskov, for he believed that they were about to give their allegiance to the Prince of Lithuania.

During the morning service, he happened to gaze at the icon of the Mother of God, and his heart was moved to compunction. "Let the killing stop," he said. "Put away your swords." Soldiers of the Polish king Stephen Batory shot at the icon as they were on their way to attack Pskov in 1581.

Communists confiscated the icon in 1928, and in 1930 it was

placed in the Tretyakov Gallery.

The icon has elements from three other types of icons of the Mother of God. Essentially, it belongs to the Eleousa type, like the Vladimir Icon (May 21, June 23, August 26). The gesture of the divine Child resembles the "Sweet-Kissing" or "Tenderness" Icon of Smolensk (March 19), and the scroll seems to come from the Hodigitria Icon (July 28).

Commemorated on March 19

Welcome Visitors

Our parish welcomes you and thanks you for joining us at today's Divine Liturgy. While only Orthodox Christians may approach the chalice for Holy Communion, everyone is welcome to partake of the Holy Bread after Liturgy.

EASTERN ORTHODOX WOMEN'S GUILD

Saturday, March 21, 2020 10:00a.m

- Memorial service for Deceased EOWG Members
- Lenten Luncheon provided by St. Sava members
- Presentation: Bible Prophecy of the Holy Passion of Christ - Josephine Vuich
- See **Karen Felon** for details...

**St. Sava Serbian Cathedral
6306 Broadview Road
Parma, Ohio 44134**

ZOE for Life!®

First annual ZOE Women's Center® walk for life! Saturday, May 23 from 9:00 – 11:00 am from Holy Trinity to St Sava Cathedral and back (2 miles). For more information see the flier or vis-

it zoewomenscenter.org Community service hours available for students 8-9 am at Holy Trinity.

We are looking to find a representative for each parish who could help coordinate for their parish.



Merrick House had receive a grant for food, and put our donations on hold.

That grant has been used, and MH is once again asking for grocery bags.

With the parish's current financial position, there isn't room for a monthly allotment for those bags.

So, we will continue to keep envelopes in the foyer, which are specifically earmarked for Merrick House.

\$10 fills one grocery bag, and anything we can offer is appreciated at MH.

Thank you for your help with those in need. See Dan Morris with any questions.

We are now serving lunch at St. Herman's on the SECOND Saturday of each month. We are then making sandwiches for them the very NEXT DAY (Sunday) in the Parish Hall during coffee hour. Everyone is welcome to help, kids included. Thank you to all who have been making these events successful - may God bless each of you.

See Dan Morris with any questions.

SECOND SUNDAY OF THE GREAT FAST

Having now completed two weeks of the Great Fast, we celebrate this Second Sunday of the Fast with a special dedication to St. Gregory Palamas.

St. Gregory, a pious monk who eventually was ordained a priest and later consecrated bishop, had a profound spiritual prayer life. He was a proponent of “*hesychasm*,” a method of prayer emphasizing silence and mental prayer. Those who practice this type of prayer are said to perceive the uncreated light of Mt. Tabor where Jesus was transfigured.

Though he was criticized by some for his practice and teaching of this style of prayer, eventually the Holy Orthodox Church confirmed this method, and eventually glorified him as a saint. Originally, the Second Sunday was dedicated to St. Polycarp of Smyrna, the Church rededicated this day to St. Gregory.

While noted for his teaching of this intense style of prayer, he was a true shepherd of his flock, teaching them through beautifully simple sermons and homilies.

Much can be said not only of this saint, and his prayer life, we must also address ourselves to the task at hand: the Great Fast.

We must take the Fast seriously! This may not be quite as obvious as it may first seem. Certainly, we go through all the “correct” motions: abstaining from

certain foods, perhaps coming to the liturgical services grudgingly, coming to an obligatory “confession.” But, do we really enter into the spirit and purpose of the Fast?

This is a time when we are challenged to change our lives becoming more aware of our sins, taking responsibility for them and confessing them to God. We are challenged to spend more time in prayer, contemplation, and spiritual exercise. This cannot be “legislated,” but it must come from a profound sense of wanting to come closer to our Lord Jesus Christ. Therefore, we take this opportunity to re-arrange our lives drastically!

Take advantage of the lenten services. Come to Vespers more regularly. Come to the Presanctified Liturgy. Yes, they do take precious time from our mundane lives, but this spiritual struggle is well worth the effort. Increase the time spent in prayer. Read the lives of the saints. Read spiritual works. Get off the “grid” for just a while! Go beyond the externals of the Fast. Let us look deep into ourselves meditating upon our sins and transgressions, and being thankful for the blessings of the Lord as well as His loving sacrifice upon the Cross for our sakes.

Two weeks have past; there are a few more to go before we enter Holy Week. Make the best use of your time. The more you give to God, the more He will bless, strengthen, and protect you.

Do you stay for coffee hour? Do you use Styrofoam cups? Well, how about using a real coffee mug? Bring your own mug, or bring some extras to share.



This is an effort to be more “green,” which would also save the parish some green(back)s. You can wash your mug in the kitchen and store it there, put it on the mug tree, or take it home (and bring it back). There will still be Styrofoam cups as needed.

If you have any questions, please see **Dan Morris**.

PLEASE SUPPORT

Chris Weber

and

TEAM IOCC

*at the Pittsburgh
Marathon Weekend*

May 2, 2020

Search for your runner & donate at:

iocc.org/pgh



Orthodox Church in America
DIOCESE OF THE MIDWEST

7 March 2020

Hieromartyrs Basil, Ephraim, Capito, Eugene, Aetherius & others, bishops in Cherson

No. 40

Beloved Clergy, Faithful, and Monastics of the Diocese of the Midwest,

We have entered the most profound season of Great Lent when we concern ourselves with repentance and good works. During this sacred time, we look at every way in which we can draw closer to our loving Savior. This takes a great deal of attention. We are striving to simplify our diets and our daily activities. We are working to become more vigilant in the focusing of our thoughts on Christ. We embrace a simpler way of living with as few distractions as possible. And yet, although this is our main focus as Christians during this period, we cannot ignore the growing concern over the corona-virus.

Attention to this virus has increased over the past few weeks. To address the risk posed by this virus, precautions such as travel restrictions have been put into place alongside recommendations to follow common-sense measures such as washing our hands. It is good to adhere to these and other instructions and to keep informed of ongoing updates.

I encourage all of you, the faithful of this diocese, to take every precaution in protecting yourself and the well-being of your loved ones. At the same time, let us be attentive to abide in the peace of our Lord and Savior Jesus Christ. Abiding in this peace is part of our witness to the world, that our faith and deliverance are found only in God.

Our Lord's first words to His apostles after His glorious resurrection were, "peace be with you." (Jn 20:19) It is with this peace and consolation of Our Savior that we continue our efforts of repentance during this season and throughout our life. This is the very peace with which we arm ourselves and approach our Healer and Redeemer through Holy Communion, the Fountain of Immortality. We take precautions as needed during such times of uncertainty, but we do not fear or lose sight of the one thing needful (Lk 10:42).

As we continue our Lenten journey, and as more information becomes available on this developing situation, let us not look away from Our Peace so that we are not overcome with fear. Let us rely not on our own strength and understanding, but on the strength of Christ and His love.

In Christ,

+PAUL

Bishop of Chicago and the Midwest



PRAYER REQUESTS



Special Intentions:

Deacon Paul Mitchell (*Tom Mitchell's father*)

Subdeacon Theodore Lentz

Reader Paul Pangrace

Child Mary Kate Zweidunger

Child Vivian Sherer

Melissa (*cousin of Mary Ann Kovach*)

Lyndsey (*friend of Melissa McCutcheon*)

Elizabeth (Betty) Balasz

Marie Borland

Sandra Brello

Elsie Conrad

Horia Dascalescu

Debra Ellis

Gregory Galan

Aleksei Green

Virginia Haupt (*Lisa Theodore's mother*)

Don Hinkl

Matthew Hunly (*Phyllis Gindlesperger's brother-in-law*)

Diane Kearsey (*Janice Tkacz's sister*)

Lacey Udell (*wife of Michael Udell*)

Mara Kilbane (*Melissa McCutcheon's granddaughter*)

Annamarie Luvison (*Daughter of Kaite Ellis-Luvison*)

Chris Magee (*Erin Zawolowycz's brother*)

Melissa McCutcheon

Michael McCutcheon

Marguerite Mihal (*Paul Mihal's mother*)

Paul Mihal

Natalya Miller (*Arlene Neale's great-niece*)

Andrew Mytrohovich

Annie Mytrohovich

Debra Parhamovich (*Karen Felon's sister*)

Grace Parhamovich (*Karen Felon's mother*)

Jim Paulitzky (*Jerry Czajkowski's son-in-law*)

James Peter Petkac

Anastasia Pogorily

Susan Reese (*friend of Jerry & Arlene Czajkowski and Betty Balasz*)

Elena Rich (*Jerry Czajkowski's daughter*)

Joseph Rusynyk

Andrew Sykaluk

Elaine Sudnick (*Joy Pfeiffer's mother*)

Tony Sykaluk (*friend of Lydia Mytrohovich*)

Janice Tkacz

Joanne Theodore (*Lisa Theodore's mother-in law*)

Gayle Vidovitch

Eleanor Wachovec (*friend of Karen Felon*)

Robert Walsh (*friend of the Felons*)

Colleen Walsh (*friend of the Felons*)

Erin Zawolowycz

Susan Yurik

Kristin Robinson

Janet Budko (*sister-in-law of Arlene Neale*)

Laurie Budko (*niece of Arlene Neale*)

Alex Ponomarenko

Mary Kay Weber

Mirta Szweczyk (*friend of Tatiana*)

Mickey O'Brien (*friend of Arlene*)

Dominic & Megan Theodore and unborn child

Nicholas & Erin Reidy and unborn child

David & Jessie Jacobson and unborn child

Jeremy & Yvonne Pozderac and unborn child.

BIBLE READINGS FOR THE WEEK OF March 15

Mar 15
Luke 24:36:53
Heb 7:26-8:2
John 10:9-16
Heb 1:10-2:3
Mark 2:1-12

Mar 16
Isa 8:13-9:7
Gen 6:9-22
Prov 8:1-21

Mar 17
Isa 9:9-10:4
Gen 7:1-15
Prov 8:32-9:11

Mar 18
Isa 10:12-20
Gen 7:6-9
Prov 9:12-18

Mar 19
Isa 11:10-12:2
Gen 7:11-8:3
Prov 10:1-22

Mar 20
Isa 13:2-13
Gen 8:4-21
Prov 10:31-11:12

Mar 21
1 Thess 4:13-17
John 5:24-30
Heb 10:32-38
Mark 2:14-17

Mar 22
John 20:1-10
Heb 4:14-5:6
Mark 8:34-9:1

Sunday, Mar 15
SECOND SUNDAY OF LENT
St. Gregory Palamas
9:00 AM Divine Liturgy

Monday, Mar 16
Martyr Sabinas of Egypt

Tuesday, Mar 17
St. Patrick, Bishop of Armagh,
Enlightener of Ireland

Wednesday, Mar 18
Repose of St. Nikolai of Zhicha
6:00 PM Presanctified Liturgy &
Potluck Following

Thursday, Mar 19
Martyr Pancharius of Nicomedia
Faith Enrichment 11:00 AM

Friday, March 20
Martyrs Sebastian the Duke
and Theoklitos

Saturday, Mar 21
Third Saturday in Great Lent
St. James the Confessor
6:00 PM Great Vespers

Sunday, Mar 22
THIRD SUNDAY OF LENT
Veneration of the Cross
9:00 AM Divine Liturgy

**WEEKLY
SCHEDULE**

2020

REMINDER:
Please be sure that cell
phones are turned off
before entering the
temple.
THANK YOU.

