

# Ambo

ST. THEODOSIUS ORTHODOX CATHEDRAL



JULY 31, 2022

7TH SUNDAY AFTER PENTECOST

FOREFEAST OF THE PROCESSION  
OF THE CROSS OF THE LORD

733 Starkweather Avenue  
Cleveland, Ohio 44113

[www.sttheodosius.org](http://www.sttheodosius.org)

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Office Hours TWTh  
9AM-2PM, please call ahead

Subdeacon Michael Tabeling,  
Sacristan

Subdeacon Igor Gajewsky  
Sacristan

Reader Julius Kovach,  
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Parish Council President

Mary Swit, Parish Secretary  
1(216) 574-4886

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Office Hours MTWTh  
10:00AM-2:00PM

Paul Zawolowycz  
Ambo Editor

## Divine Services

Eve Sundays & Feast Days

5:00 PM Confessions

6:00 PM Great Vespers

Sundays and Feast Days

8:40 AM 3rd and 6th Hour

9:00 AM Divine Liturgy

Please check weekly schedule  
for specific days (last page).

Previous Ambos on website.

Articles for publication  
should be submitted to:

[ambo-theodosius](mailto:ambo-theodosius@googlegroups.com)

[@googlegroups.com](mailto:ambo-theodosius@googlegroups.com)



Procession of the  
Honorable Wood of  
the Life-Giving  
Cross of the Lord  
(First of the three  
"Feasts of the  
Savior" in August).

The origin of this  
Feast is explained in  
the  
Greek *Horologion* of  
1897: "Because of  
the illnesses which  
occur during the  
month of August, it  
was customary at  
Constantinople to  
carry the Precious  
Wood of the Cross  
in procession  
throughout the city  
for its sanctifica-  
tion, and to deliver  
it from sickness."

On the eve (July 31), the Cross was removed from the imperial treasury and placed it upon the Holy Table of the Great Church of Hagia Sophia (which is dedicated to Christ, the Wisdom of God). From August 1 until the Dormition of the Most Holy Theotokos, there was a procession throughout the entire the city, and then the

Cross was placed where all the people could venerate it.

In the Russian Church this Feast is combined with the remembrance of the Baptism of Rus on August 1, 988. In the "The order of services for the holy, catholic, and apostolic Great Church of the Dormition," which was compiled in 1627 by order of Patriarch Philaret of Moscow and All Rus, there is a similar explanation of the Feast: "On the day of the Procession of the Precious Cross there is a Cross Procession with the Sanctification of Water, for the enlightenment of the people, in all the towns and places."

Knowledge of the day of the actual Baptism of

Rus is preserved in the Chronicles of the XVI century: "The Baptism of the Great Prince Vladimir of Kiev and of all Rus took place on August 1."

In the current practice of the Russian Church, the service of the Lesser Sanctification of Water on August 1 takes place either before or after Liturgy. Because of the Blessing of Water, this first Feast of the Savior in August is sometimes called "the Savior of the Water." Along with the Blessing of Water, there may also be a Blessing of Honey (thus it is also called "the Savior of the Honey)," because on this day, the newly-gathered honey is blessed and tasted.

## VISITATIONS

Fr. Cizmar would like to know who requires visitation. He is eager to visit those who might have gone a long time without visitation due to COVID, our absence of a rector, or for any reason at all. A key duty of a priest's ministry is to visit the sick and confined, those unable to attend the holy services for any reason.

He asks that we use the contact number provided should we need anything from him. His phone number and email address are printed on the front of every Ambo, and are repeated here:

Father Jan Cizmar - 1(440) 732-8182 - [st.theodosiuscathedral@gmail.com](mailto:st.theodosiuscathedral@gmail.com)

### A Letter from Phil Tesar—Bike to Cure

On **Saturday, September 10**, I'll be participating in VeloSano - **Bike to Cure** - the Cleveland Clinic's annual fundraiser for life-saving cancer research. This year, I'm riding my bike 50 miles in memory of His Eminence, Archbishop Paul.

At Cleveland Clinic, their nationally recognized cancer research ensures they are able to further advance their care from bench to bedside. Thanks to VeloSano, \$30 million has been raised since 2014 – with 100% of those funds directly supporting over 200 cancer research projects.

2022 will mark the third-straight year I've participated in this event.

With the support of my family, friends, Orthodox parishes and faithful from around the country - my goal is to raise over \$12,000 this year, which will double what I raised in my first two years. As an extra challenge - if I can raise over \$15,000, I'll increase my ride to the 75-mile course!

I'm asking for the support of your parish. Donations can be made online or by check.

Checks should be made out to **VeloSano** – with *Phil Tesar – 3947114* on the memo line and can be mailed directly at:

Phil Tesar

Attn: VeloSano

458 Juneway Drive

Bay Village, Ohio 44140

For details on how to donate online, or to learn more about VeloSano, visit [www.philtesar.com/bike](http://www.philtesar.com/bike).

Thank you for your support, and may Archbishop Paul's Memory Be Eternal!

# All are welcome to a Baby Shower for Lena (Tsvetelina) and Reader Georgi Galeva!

Date: Saturday August 27, 2022

Time: 4-6 pm

Location: Parish Hall

Questions? call Joyce Tabeling 216-408-7187

## Axios! We have a New Bishop!

The Right Reverend Daniel was canonically elected by the Holy Synod of Bishops as Bishop of Chicago and the Diocese of the Midwest on July 18, 2022. Bishop Daniel will preside over Divine Liturgy on September 11th. Everyone is invited to lunch afterwards (provided by our parish). Please make arrangements so that you may join us in welcoming and getting to know our new Bishop.

More Info: <https://www.oca.org/holy-synod/bishops/the-right-reverend-daniel>

**ZOE for Life® needs your help!** If you have a background in Accounting and have a few hours a month to help with some basic Financial Statements, please contact Karen Contoveros, cell ph. 440-759-6215. Please consider sharing your time and talent with this essential ministry. -Thank you

## 300 Club

When: Sunday, September 18, 2022

\$100 - 5 winners

Where: St. Nicholas Banquet Center

\$75 - 4 winners

755 S. Cleveland Ave.

\$50 - 2 winners

Mogadore, Ohio 44260

\$2, \$3 and \$5 sideboards will be available

3:00 PM Doors open

Open Bar (soda and wine)

3:30 PM Buffet Dinner served

*Proceeds benefit the*

Cost: \$55/person

*Ohio District Scholarship Fund*

**\$2,600 in raffle prizes awarded after  
dinner**

*and*

*St. Vladimir's Camp*

Prizes - \$1,000 - 1 winner

Sponsored by Akron Sr. O Club 20/32

\$500 - 1 winner

**Make checks payable to:**

\$200 - 1 winner

**"St. Nicholas Sr. O Club"**

## PRAYER REQUESTS

as of 7/31/2022

### **Departed:**

**Pete** Kuzmins  
**Peter** Petkac  
**Ivan** Artamonov

### **Special Intentions:**

**Deacon Paul** Mitchell (*Tom Mitchell's father*)  
**Subdeacon Theodore** Lentz  
**Reader Paul** Pangrace  
**Reader Frank** Tkacz  
**Reader Ron** Latre (*cousin of Felons*)

**Dan** Boerio

**Jennifer** Boerio

**Horia** Dascalescu (*Lavinia's brother*)

**Diane** Kearsley (*Janice Tkacz's Sister*)

**Janice** Tkacz

**Eleanor** Wachovec (*friend of Karen Felon*)

**Rachel** Ohlin (*relative of Tatiana*)

**Erin** Zawolowycz

**Mickey** O'Brien (*friend of Arlene*)

**Joe** Czajkowski (*son of Jerry*)

**Carol** Nielsen (*Paul Pangrace's sister*)

**Matthew** Ponomarenko

**Virginia** Medvec

**Stephen** Chwalyk

**Child Benjamin** Udell (*son of Michael and Lacey*)

**Jeffrey** Parhamovich (*brother of Karen Felon*)

**Maggie** Parhamovich (*sister-in-law of Karen Felon*)

**Margaret** "Peg" Peyton (*Cathy's aunt*)

**Kristin** Robinson (*friend of Nicholas Kozak*)

**Jean** Woycitzky Thompson (*Frank's cousin*)

**Child Anna Marie** Luvison (*daughter of Matthew & Katie (Ellis) Luvison*)

**Martha** Musil (*mother of Linda Kovach*)

**Michael** Bowman (*Lydia Mytrohovich's neighbor*)

**Debra** Parhamovich (*sister of Karen Felon*)

**Grace Mary** Parhamovich (*mother of Karen Felon*)

**Peter**

**Andrew** Mytrohovich

**Robbie** Prock

**Gayle** Vidovich

**Phyllis** Gindlesperger

**Jeremy & Yvonne & unborn child**

**Alex** Medvec (*nephew of Virginia Medvec*)

**Lisa** Theodore

**Arlene** Czajkowski

**Athina**

**Betty** Balasz (*friend of Karen Felon*)

**Constantinos**

**David** Dunn

**Bryony** Stroud-Watson

**Amelia**

Please submit names to the Prayer List by emailing them to

[ambo-theodosius@googlegroups.com](mailto:ambo-theodosius@googlegroups.com)

Names remain on the list for 30 days unless requested otherwise.

## BIBLE READINGS FOR THE WEEK

<p><b>Sunday, July 31</b> John 20:1-10 Romans 15:1-7 Matthew 9:27-35</p>	<p>John 5:1-4 1 Corinthians 9:13-18 Matthew 16:1-6</p>	<p><b>Thursday, August 4</b> 1 Corinthians 10:28-11:7 Matthew 16:24-28</p>	<p>Composite 23 - 3 [1] Kings 19:3-9, 11-13, 15, 16 Luke 9:28-36 Romans 13:1-10</p>
<p><b>Monday, August 1</b> 1 Corinthians 1:18-24 John 19:6-11, 13-20, 25-28, 30-35 Hebrews 11:33-12:2 Matthew 10:32-36; 11:1 Hebrews 2:11-18</p>	<p><b>Tuesday, August 2</b> 1 Corinthians 10:5-12 Matthew 16:6-12</p>	<p><b>Friday, August 5</b> 1 Corinthians 11:8-22 Matthew 17:10-18</p>	<p>Matthew 12:30-37 2 Peter 1:10-19 Matthew 17:1-9</p>
<p><b>Wednesday, August 3</b> 1 Corinthians 10:12-22 Matthew 16:20-24</p>	<p><b>Saturday, August 6</b> Exodus 24:12-18 Composite 15 - Exodus 33:11-23; 34:4-6, 8</p>	<p><b>Sunday, August 7</b> John 20:11-18 1 Corinthians 1:10-18 Matthew 14:14-22</p>	

### ST. THEODOSIUS IS NOW A SUBSCRIBER TO TITHE.LY

In response to requests to be able to donate electronically, we have set up a Tithe.ly account so people can donate either regularly or for special occasions online. Click here to see: <https://www.sttheodosius.org/donate>



#### Sunday, July 31

Forefeast of the Procession of the Honorable and Lifegiving Cross of the Lord  
8:40 AM 3rd and 6th Hours read  
9:00 AM Divine Liturgy  
Coffee Hour to follow

#### Monday, August 1

*Dormition Fast begins*  
Procession of the Honorable Wood of the Life-Giving Cross of the Lord  
**6:00 PM Akathist to the Holy Cross** (with lesser blessing of water)

#### Tuesday, August 2

Translation of the Relics of the Protomartyr and Archdeacon Stephen from Jerusalem to Constantinople (ca. 428)

#### Wednesday, August 3

Ven. Isaac, Dalmatios, and Faustus, Ascetics of the Dalmatian Monastery at Constantinople (4th-5th c.)

## WEEKLY SCHEDULE 2022



Transfiguration of Our Lord

#### Thursday, August 4

Holy Seven Youths ("Seven Sleepers") of Ephesus

#### Friday, August 5

Forefeast of the Transfiguration  
**6:00 PM Transfiguration Vespers**

#### Saturday, August 6

**The Holy Transfiguration of our Lord God and Savior Jesus Christ**  
8:40 AM 3rd and 6th Hours read  
9:00 AM Divine Liturgy (with blessing of fruits)  
6:00 PM Great Vespers

#### Sunday, August 7

Afterfeast of the Transfiguration  
8:40 AM 3rd and 6th Hours read  
9:00 AM Divine Liturgy  
Panikhida for James Peter Petkac  
Coffee Hour