

Ambo

ST. THEODOSIUS ORTHODOX CATHEDRAL

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Cleveland, Ohio 44113

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Paul Zawolowycz
Ambo Editor

Divine Services

Eve Sundays & Feast Days

5:00 PM Confessions

6:00 PM Great Vespers

Sundays and Feast Days

8:40 AM 3rd and 6th Hour

9:00 AM Divine Liturgy

Please check weekly schedule
for specific days (last page).

Previous Ambos on website.

Articles for publication
should be submitted to:

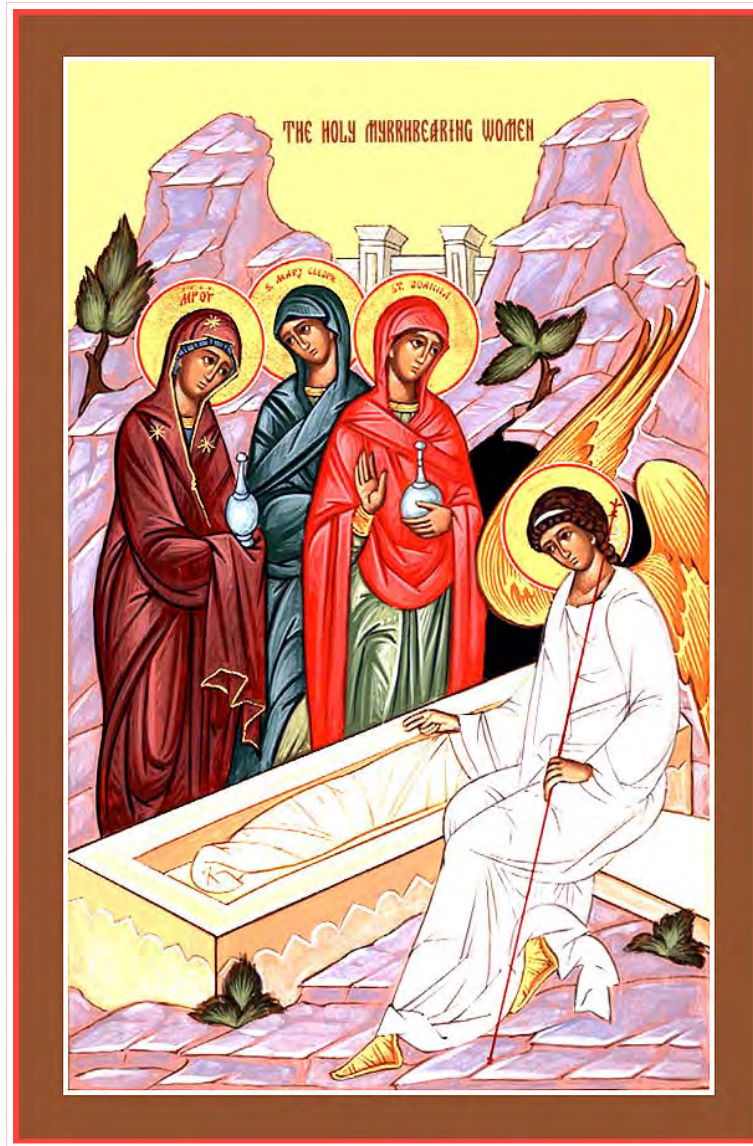
ambo-theodosius

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APRIL 30, 2023

3RD SUNDAY OF PASCHA

SUNDAY OF THE HOLY
MYRRHBEARING WOMEN



The Myrrh-bearing women are those women who followed the Lord, along with His Mother. They remained with her during the time of the saving Passion, and anointed the Lord's body with myrrh. Joseph and Nikódēmos asked for and received the Lord's body from Pilate. They took it down from the Cross, wrapped it in linen cloths and spices, then they laid it in a tomb, and then they placed a great stone over the entrance of the tomb.

According to the Evangelist Matthew (27:57-61) Mary Mag-

dalene and Mary the mother of James and Joses (Mark 15:40) were there sitting opposite the sepulchre, and they saw where He had been laid. This other Mary was the Mother of God. Not only were these present, but also many other women, as Saint Luke says (24:10).

Today the Church honors Saints Mary Magdalene (July 22), Mary the wife of Cleopas (May 23), Joanna (June 27), Salome, mother of the sons of Zebedee (August 3), Martha and Mary, sisters of Lazarus (June 4), and the Most Holy Theotokos and Ever-Virgin Mary, who was the stepmother of her husband Joseph's sons James (October 23) and Joses (October 30). Today we also remember Saint Joseph of Arimathea (July 31), who was a secret disciple (John 19:38), and Saint Nikódēmos, who was a disciple by night (John 3:3; 19:38).

The holy right-believing Queen Tamara of Georgia is honored twice during the year: on May 1, the day of her repose, and also on the Sunday of the Myrrh-Bearing Women.

On this day the Church also remembers All Saints of Thessalonica, Saint Seraphim Bishop of Phanar (December 4, 1610), the New Martyr Elias Ardonis (January 31, 1686), and the New Martyr Demetrios of the Peloponnesos (April 13, 1803).

Some Excerpts from *Cyril of Jerusalem: On The Mysteries II*

<https://patristics.info/cyril-of-jerusalem-on-the-mysteries-ii-of-baptism.html>

After these things, ye were led to the holy pool of Divine Baptism, as Christ was carried from the Cross to the Sepulchre which is before our eyes. And each of you was asked, whether he believed in the name of the Father, and of the Son, and of the Holy Ghost, and ye made that saving confession, and descended three times into the water, and ascended again; here also hinting by a symbol at the three days burial of Christ. For as our Saviour passed three days and three nights in the heart of the earth, so you also in your first ascent out of the water, represented the first day of Christ in the earth, and by your descent, the night; for as he who is in the night, no longer sees, but he who is in the day, remains in the light, so in the descent, as in the night, ye saw nothing, but in ascending again ye were as in the day. And at the self-same moment ye were both dying and being born; and that Water of salvation was at once your grave and your mother.

O strange and inconceivable thing! We did not really die, we were not really buried, we were not really crucified and raised again; but our imitation was in a figure, and our salvation in reality. Christ was actually crucified, and actually buried, and truly rose again; and all these things He has freely bestowed upon us, that we, sharing His sufferings by imitation, might gain salvation in reality. O surpassing loving-kindness! Christ received nails in His undefiled hands and feet, and suffered anguish; while on me without pain or toil by the fellowship of His suffering He freely bestows salvation.

THE EASTERN ORTHODOX WOMEN'S GUILD

Presents

The Annual Pan-Orthodox Luncheon

Saturday, May 13, 2023 * Holy Trinity Church Hall * 6822 Broadview Road, Parma, Ohio 44134

Doors open @ 12:00 noon, Luncheon @ 12:30 p.m. Adults \$15.00, Children 6-12 \$7.50, Children under 6 free.

Karen Felon has tickets. 440 666 7538.

Boys' Night Lunch Out

Announcing a different men's outing! Join us at the **Tremont Treehouse** (just a short walk from the Cathedral's parking lot), **Saturday May 20 at 12:00 noon!**

Primarily a brunch menu, you won't leave hungry. Please let **Dan Morris** know if you can make it. <https://treehousecleveland.com>

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Note: The Parish Annual Meeting is Sunday, May 21st, after Divine Liturgy

Do you have about an hour that you can spare for St. Herman's?

We help serve lunch every 2nd Saturday of the month, and would like to have a few more volunteers to call upon.

From ~11:10AM - 12:15PM, and it would only be once every few months.

Please see Dan Morris if you'd like to help out.

Thank you and God bless you.



Landscaping Ministry

Spring is around the corner!

Consider helping us to cut and edge the grounds around our cathedral, it's a great way of getting some sun and exercise while beautifying the church.

Please speak with **Joyce Tabeling** in person or call her at **216 408-7187**

COFFEE HOUR VOLUNTEERS NEEDED!

We need more people to help with our weekly coffee hours after Divine Liturgies on Sundays. Please contact **Cathy Weber** (weberc528@gmail.com) if you would like to participate. This is a wonderful way to facilitate fellowship and serve your church family. Perhaps you've already thought about helping out in this way? Then now is the time! Email Cathy, she will answer any questions you might have.



VISITATIONS

Fr. Cizmar would like to know who requires visitation. He is eager to visit those who might have gone a long time without visitation for any reason at all. A key duty of a priest's ministry is to visit the sick and confined, those unable to attend the holy services for any reason. His phone number and email address are printed on the front of every Ambo, and are repeated here:

Father Jan Cizmar - 1(440) 732-8182 - st.theodosiuscathedral@gmail.com



ST. GREGORY PALAMAS MONASTERY PILGRIMAGE

Saturday, May 13th. Fr. Joseph and the brotherhood will be welcoming young adult Cleveland area orthodox for a group visit. If you've never been there before: "The Monastery (934 Cr. #2256 Perysville, 44864) is located in northeast Ohio, about 15 miles east of Mansfield. The regular cycle of monastic worship services (conducted primarily in English) provides a traditional prayer experience which is only possible in a monastery." Details to follow.

PRAYER REQUESTS

as of 4/30/2023

Deceased

Susan

Melvin Timm

Joseph Czajkowski (*son of Jerry*)

Special Intentions:

Subdeacon Theodore Lentz

Subdeacon Igor Gajewsky

Subdeacon Roger Pinta

Reader Paul Pangrace

Reader Frank Tkacz

Stephan Chwalyk

Horia Dascalescu (*Lavinia's brother*)

Diane Kearsey (*Janice Tkacz's Sister*)

Janice Tkacz

Eleanor Wachovec (*friend of Karen Felon*)

Rachel Ohlin (*relative of Tatiana*)

Erin Zawolowycz

Carol Nielsen (*Paul Pangrace's sister*)

Virginia Medvec

Jeffrey Parhamovich (*brother of Karen Felon*)

Margaret Parhamovich (*sister-in-law of Karen Felon*)

Margaret Peyton (*Cathy's aunt*)

Jean Woycitzky Thompson (*Frank's cousin*)

Anna Marie Luvison (*daughter of Matthew & Katie (Ellis) Luvison*)

Debra Parhamovich (*sister of Karen Felon*)

Grace Mary Parhamovich (*mother of Karen Felon*)

Gayle Vidovich

Elizabeth Balasz

Christina Hile (*Nisi & Cindy's sister*)

Lonnie Ellis (*Husband to Debra Ellis*)

Robert Martin Prock

Valentina Zawolowycz (*mother of Paul Z*)

Michael and **Nichole** Zolikoff and **unborn child**

Mark

Francis

Yvonne (Evie) D'Amico

Susan Banks Yurik (*former parish secretary*)

Please submit names to the Prayer List by emailing them to Fr. Jan Cizmar
st.theodosiuscathedral@gmail.com

Or calling at 1(440) 732-8182

Names remain on the list for 30 days unless requested otherwise.

BIBLE READINGS FOR THE WEEK

Sunday, April 30

James 1:1-12
 James 1:13-27
 James 2:1-13
 Mark 16:9-20
 Acts 12:1-11
 Luke 5:1-11
 Acts 6:1-7
 Mark 15:43-16:8

Monday, May 1

Acts 6:8-7:5, 47-60
 John 4:46-54

Tuesday, May 2

Acts 8:5-17
 John 6:27-33

Wednesday, May 3

Wisdom of Solomon 5:15-6:3
 Wisdom of Solomon 3:1-9
 Wisdom of Solomon 4:7-15
 Luke 6:17-23
 Hebrews 13:7-16
 Matthew 11:27-30
 Acts 8:18-25
 John 6:35-39

Thursday, May 4

Acts 8:26-39
 John 6:40-44

Friday, May 5

Acts 8:40-9:19
 John 6:48-54

Saturday, May 6

Acts 9:20-31
 John 15:17-16:2

Sunday, May 7

Composite 2 - Proverbs 10, 3, 8
 Composite 4 - Proverbs 10; Wisdom of Solomon 6, 7, 8, 9
 Composite 5 - Wisdom of Solomon 4, 6, 7, 2
 Luke 24:1-12
 Galatians 1:11-19
 John 10:1-9
 Acts 9:32-42
 John 5:1-15

ST. THEodosius IS A SUBSCRIBER TO TITHE.LY

In response to requests to be able to donate electronically, we have set up a Tithe.ly account so people can donate either regularly or for special occasions online. Click here to see: <https://www.sttheodosius.org/donate>



Sunday, April 30

3rd Sunday of Pascha

Holy Apostle James (Jacob), the brother of St. John the Theologian (44 A.D.)
 Myrrhbearing Women.
 8:40 AM 3rd and 6th Hours
 9:00 AM Divine Liturgy
 Coffee Hour
 11:00 AM FOCA Meeting

Monday, May 1

Prophet Jeremiah (6th c. B.C.)

Tuesday, May 2

St. Matrona of Moscow. St. Athanasius the Great, Patriarch of Alexandria (373)
 6:30 PM Council Meeting

Wednesday, May 3

Ven. Theodosius, Abbot of the Kiev Caves Monastery and Founder of Cœnobitic Monasticism in Russia (1074)

WEEKLY SCHEDULE 2023



Thursday, May 4

Virgin Martyr Pelagía of Tarsus in Asia Minor (ca. 290)

Friday, May 5

Great Martyr Irene (1st-2nd c.)

Saturday, May 6

Righteous Job the Long-suffering
 5:00 PM Church School
 6:00 PM Great Vespers

Sunday, May 7

4th Sunday of Pascha

Repose of St. Alexis Toth, Confessor and Defender of Orthodoxy in America (1909)
 8:40 AM 3rd and 6th Hours
 9:00 AM Divine Liturgy
 Coffee Hour