Ambo

St. Theodosius Orthodox Cathedral

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Divine Services

Eve Sundays & Feast Days
5:00 PM Confessions
6:00 PM Great Vespers
Sundays and Feast Days
8:40 AM 3rd and 6th Hour
9:00 AM Divine Liturgy

Please check weekly schedule for specific days (last page)

AMBO: Articles for publication should be submitted to: ambo-theodosius@googlegroups.com

MARCH 21, 2021

SUNDAY OF ORTHODOXY
ST JAMES THE CONFESSOR
BISHOP OF CATANIA

Synaxis of the Archangel Gabriel (March 26)

Synaxis of the Holy Archangel Gabriel: The Archangel Gabriel was chosen by the Lord to announce to the Virgin Mary about the Incarnation of the Son of God from Her, to the great rejoicing of all mankind. Therefore, on the day after the Feast of the Annunciation, the day on which the All-Pure Virgin is glorified, we give thanks to the Lord and we venerate His messenger Gabriel, who contributed to the mystery of our salvation.

Gabriel, the holy Archistrategos (Leader of the Heavenly Hosts), is a faithful servant of the Almighty God. He announced the future Incarnation of the Son of God to those of the Old Testament; he inspired the Prophet Moses to write the Pentateuch (first five books of the Old Testament), he announced the coming tribulations of the Chosen People to the Prophet Daniel (Dan. 8:16, 9:21-24); he appeared to Saint Anna (July 25) with the news that she would give birth to the Virgin Mary.

The holy Archangel Gabriel remained with the Holy Virgin Mary when She was a child in the Temple of Jerusalem, and watched over Her throughout Her earthly life. He appeared to the Priest Zachariah, foretelling the birth of the Forerunner of the Lord, Saint John the Baptist.

The Lord sent him to Saint Joseph the Betrothed in a dream, to reveal to him the mystery of the Incarnation of the Son of God from the All-Pure Virgin Mary, and warned him of the wicked intentions of Herod, ordering him to flee into Egypt with the divine Infant and His Mother.

When the Lord prayed in the Garden of Gethsemane before His Passion, the Archangel Gabriel, whose very name signifies "Man of God" (Luke. 22:43), was sent from Heaven to strengthen Him.

The Myrrh-Bearing Women heard from the Archangel the joyous news of Christ's Resurrection (Mt.28:1-7, Mark 16:1-8).

Mindful of the manifold appearances of the holy Archangel Gabriel and of his zealous fulfilling of God's will, and confessing his intercession for Christians before the Lord, the Orthodox Church calls upon its children to pray to the great Archangel with faith and love.

The Synaxis of the Holy Archangel Gabriel is also celebrated on July 13. All the angels are commemorated on November 8.

New Matching Campaign!

Our *Most Generous* Anonymous Donor is back, offering to match $5,000.00 in donations throughout this Lenten Season. Any donations made especially for *Great Lent* during Lent & Holy Week of up to FIVE THOUSAND DOLLARS will be matched by said mysterious benefactor.

THANK YOU AND GOD BLESS YOU

Virtual National Lenten Youth Retreat

"Rediscovering Pascha"

After a year of Pandemic

A gathering via Zoom of Orthodox Youth grades K - 12

Sunday April 11 4 -7:00 pm (Eastern time)

Join our Retreat Leaders:

Archpriest Timothy Hojnicki & Archpriest Benjamin Tucci

As they remind us of the pathway to the Feast of Feasts

Our Lord's Resurrection

Registration Required

To Register go to our registration page at

https://forms.gle/poHQ7xdrXDNVhDS5A

or visit our website www.orthodoxfellowship.org

Sponsored by the Fellowship or Orthodox Christians in America

From the Desk of Fr. Adamcio…

Confession (Part Three)

Now that we have a better idea of what "sin" is, we come closer to the matter at hand: confession itself.

The Mystery of Repentance, Reconciliation (Confession) is one of the seven sacraments of the Orthodox Church. A *sacrament* is something which enables us to receive the Grace of God. While there are many services within the Orthodox Church which convey to us God's Grace (home blessing; car blessing; blessings cattle, fields, apiaries, fruit, flowers, etc.) there are seven sacraments recognized by the Church: Baptism, Chrismation, Confession, Communion, Matrimony, Holy Orders – the priesthood, Anointing with Holy Prayer Oil.

Confession opens to us reconciliation with our Lord Jesus Christ for the sins and ways of life from which we alienate ourselves from Him. He offers forgiveness to us when we confess our sins, offering true repentance. Now we have to examine ourselves enumerating the sins and transgressions we have committed. In order to do this, we have to diligently prepare ourselves.

We need to set aside some quiet time in order to begin our self-examination. This should be done in an area free of distractions (radio, tv, computers, Internet, phones, and yes – even family) so we can dig deeply into our conscience. Fr. Thomas Hopko writes: *The great problem for many of us is that we do not have the proper measure by which to judge ourselves. We judge by what we think are the true standards, but which are in fact as far from Christianity as Heaven is from Earth.*

We judge ourselves by our own definition of the human person: I'm an average person, not doing too many *bad* things, I go to Church on Sunday, don't eat meat on Friday, say my prayers (usually), don't steal, murder, or commit adultery. But I sometimes do the usual small sins.

Fr. Thomas continues: *The real point here is that self-examination must be a deep and serious look at ourselves with honesty and courage, and the desire really to see. But it must also be a judgment made by strictly Christian standards: the life and teaching of our Lord Jesus Christ!*

While we might look to the Old Testament Ten Commandments to begin our journey into self-examination, we really need to understand our lives in the light of the Gospel and the New Testament. Here are some suggestions for this examination:

- The Sermon on the Mount – Matthew: 5, 6, 7; Luke 6
- The last chapters of St. Paul's Epistle to the Romans: 12, 13, 14
- St. Paul's First Epistle to the Corinthians: 13
- The First Letter of St. John.

If read closely and attentively, we will gain a better understanding of ourselves, and what we need to confess.

Just as a reminder, Fr. John will be available for Confession at the Cathedral at 5:00pm on Wednesday and Saturday evenings before services begin.

But as the pandemic continues, there are opportunities to confess via telephone or Zoom.
If you wish to confess via Zoom, please let him know, and arrangements can be made for the session.
If you wish to confess via telephone, the number is: 773.939.0549. Please leave a voicemail message if not answered (As there are so many robo calls, we sometimes need to respond to the voicemail, so please be patient.)

Student Outreach

St. Theodosius is looking to reach out to young adults in high school and in college to send Pascha greetings. Please email the office at StTheodosiusCathedral@protonmail.com with students' name and address.

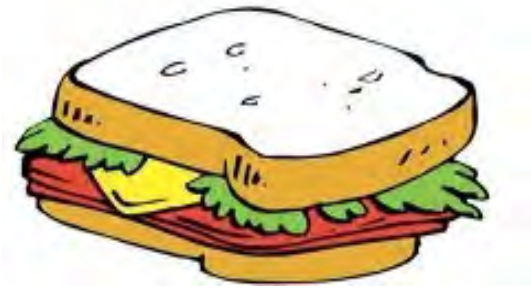
Due to the pandemic, and our financial position last year, we suspended the Food Pantry bags for **Merrick House** (20 bags of groceries for their Moms First program). Now, things are looking up, and we will restart the monthly program in March.
There are envelopes in the foyer specifically for this, or you can earmark a special offering envelope for the Merrick House Food Pantry. Please consider 'sponsoring a bag' for $10. Thank you for your consideration. - Dan Morris

LENT 2021

Confession available at 5:00 PM on each Presanctified Liturgy on Wednesdays and each Great Vespers on Saturdays

Sunday	MONDAY	Tuesday	Wednesday	Thursday	Friday	Saturday
March 21 9AM Divine Liturgy	March 22	March 23	March 24 5:35PM Hours 6PM Presanctified Liturgy	March 25 6PM Vesperal Divine Liturgy (Annunciation)	March 26	March 27 6PM Great Vespers
March 28 9AM Divine Liturgy	March 29	March 30	March 31 5:35PM Hours 6PM Presanctified Liturgy	April 1	April 2	April 3 6PM Great Vespers
April 4 9AM Divine Liturgy	April 5	April 6	April 7 5:35PM Hours 6PM Presanctified Liturgy	April 8	April 9	April 10 6PM Great Vespers
April 11 9AM Divine Liturgy	April 12	April 13	April 14 5:35PM Hours 6PM Presanctified Liturgy	April 15	April 16	April 17 6PM Great Vespers
April 18 9AM Divine Liturgy	April 19	April 20	April 21 5:35PM Hours 6PM Presanctified Liturgy	April 22	April 23	April 24 9AM Lazarus Saturday Divine Liturgy 6PM Vigil for Palm Sunday
April 25 9AM Palm Sunday Divine Liturgy	**Holy Week – Schedule TBA**					

Sandwiches for St. Herman's



While we have not been able to continue serving lunch, or making sandwiches in the Parish Hall for St. Herman's, there have been several families that have been making and delivering sandwiches through this pandemic (thank you to Brad & Victoria Foran, Tom & Laverne Jacobson and Lauren Eppele and her boys).

With Great Lent at the door, are you looking for a way to offer your time and alms? If you would be willing and able to buy supplies and make ~150 simple sandwiches ($80-$90), St. Herman's would welcome your gift. You can team up with others, if it sounds daunting. Please see Dan Morris, and I will try to line up a convenient date for you to deliver sandwiches.

This appeal will run through early April, so if you would like to help, let me know as soon as possible. Thank you.

PRAYER REQUESTS

Departed:

Edward Selavko *(former Parish Council President)*

Special Intentions:

Deacon Paul Mitchell (*Tom Mitchell's father*)

Subdeacon Theodore Lentz

Reader Paul Pangrace

Reader Haralambos Steingass

Arlene Czajkowski

Child Mary Kate Zweidunger

Child Vivian Sherer

Melissa (*cousin of Mary Ann Kovach*)

Elizabeth (*Betty*) Balasz

Marie Borland

Horia Dascalescu

Debra Ellis

Gregory Galan

Aleksei Green

Virginia Haupt (*Lisa Theodore's mother)*

Don Hinkl

Matthew Hunly (*Phyllis Gindlesperger's brother-in-law*)

Diane Kearsey (*Janice Tkacz's sister*)

Annamarie Luvison (*Daughter of Kaite Ellis-Luvison)*

Chris Magee (*Erin Zawolowycz's brother*)

Paul Mihal

Natalya Miller (*Arlene Neale's great-niece*)

Andrew Mytrohovich

Debra Parhamovich *(Karen Felon's sister*)

Grace Parhamovich (*Karen Felon's mother)*

Jim Paulitzky (*Jerry Czajkowski's son-in-law*)

James Peter Petkac

Susan Reese (*friend of Jerry & Arlene Czajkowski and Betty Balasz*)

Elena Rich (*Jerry Czajkowski's daughter*)

Andrew Sykaluk

Elaine Sudnick *(Joy Pfeiffer's mother)*

Tony Sykaluk (*friend of Lydia Mytrohovich*)

Janice Tkacz

Gayle Vidovitch

Eleanor Wachovec (*friend of Karen Felon*)

Robert Walsh (*friend of the Felons*)

Colleen Walsh (*friend of the Felons*)

Erin Zawolowycz

Kristin Robinson

Janet Budko *(sister-in-law of Arlene Neale)*

Laurie Budko *(niece of Arlene Neale)*

Mary Kay Weber

Mirta Szewczyk (friend of Tatiana)

Mickey O'Brien (friend of Arlene)

Kelly Buehner

Anna Sykaluk (friend of Tatiana)

Edward Zewczyk (friend of Tatiana)

Joe Czajkowski (son of Jerry)

Patrick Gallagher

Elliott Udell (*grandson of Michael Udell*)

Constance Zimmerman *(Cindy's cousin)*

William Nasi *(brother-in-law of Kenneth Kovach)*

Jonathan Maas *(friend of Eric Seddon)*

Michelle Frampton (*cousin of Fr. Zdinak*)

Jeanne Charles *(friend of Arlene Neal/Czajkowski)*

Carol Nielsen *(Paul Pangrace's sister)*

Dennis Kovach *(Kenneth Kovach's brother)*

Millie Koberling *(friend of Arlene)*

Jimmy Koberling *(friend of Arlene)*

Cathy Barnes *(friend of Cathy Weber)*

Tom Jacobson

BIBLE READINGS FOR THE WEEK OF March 21

Mar 21
John 20:11-18
Heb 11:24-26, 32-12:2
John 1:43-51

Mar 22
Isa 4:2-5:7
Gen 3:21-4:7
Prov 3:34-4:22

Mar 23
Isa 5:7-16
Gen 4:8-15
Prov 5:1-15

Mar 24
Isa 5:16-25
Gen 4:16-26
Prov 5:15-6:3
Gen 28:10-17
Ezek 43:27-44:4
Prov 9:1-11

Mar 25
Isa 6:1-12
Gen 5:1-24
Prov 6:3-20
Exod 3:1-8
Prov 8:22-30
Luke 1:39-49, 56
Heb 2:11-18
Luke 1:24-38

Mar 26
Isa 7:1-15
Gen 5:32-6:8
Prov 6:20-7:1
Heb 2:11-18
Luke 1:24-38

Mar 27
1 Thess 4:13-17
John 5:24-30
Heb 3:12-16
Mark 1:35-44

Mar 28
John 20:19-31
Heb 7:26-8:2
John 10:9-16
Heb 1:10-2:3
Mark 2:1-12

ST. THEODOSIUS IS NOW A SUBSCRIBER TO TITHE.LY

In response to requests to be able to donate electronically, we have set up a Tithe.ly account so people can donate either regularly or for special occasions online. Click here to see: https://www.sttheodosius.org/donate
Special thanks to Council Vice President Cathy Weber and our Webmaster Kate Zolikoff for making this happen.

FAITH ENRICHMENT HAS CONCLUDED

Stay tuned for more information & future announcements!
Please contact Subdeacon Leon Felon at (440) 666-7601 if you have any questions.

WEEKLY SCHEDULE 2021

Sunday, Mar 21
Sunday of Orthodoxy
St. James the Confessor, Bishop of Catania
3rd and 6th Hours read at 8:40 AM
Liturgy Begins 9:00 AM

Monday, Mar 22
Hieromartyr Basil of Ancyra

Tuesday, Mar 23
Martyr Nikon and 199 disciples with him in Sicily

Wednesday, Mar 24
Forefeast of the Annunciation
Ven. Zechariah the Recluse
Confession 5:00 PM
Hours begin at 5:35 PM
Presanctified Liturgy 6:00 PM
Modified potluck to follow

Thursday, Mar 25
The Annunciation of our Most Holy Lady, Theotokos and Ever-Virgin Mary
Confession 5:00 PM
Vesperal Divine Liturgy 6:00 PM

Friday, Mar 26
Synaxis of the Archangel Gabriel

Saturday, Mar 27
Second Saturday of Great Lent
Martyr Matrona of Thessalonica
Confessions 5:00 PM
Great Vespers 6:00 PM

Sunday, Mar 28
Second Sunday of Lent
St. Gregory Palamas
3rd and 6th Hours read at 8:40 AM
Liturgy Begins 9:00 AM