

Ambo

ST. THEODOSIUS ORTHODOX CATHEDRAL



AUGUST 8, 2021
7TH SUNDAY AFTER PENTECOST
AFTERFEAST OF
TRANSFIGURATION

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Cleveland, Ohio 44113

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Divine Services

Eve Sundays & Feast Days
5:00 PM Confessions
6:00 PM Great Vespers
Sundays and Feast Days
8:40 AM 3rd and 6th Hour
9:00 AM Divine Liturgy

Please check weekly schedule
for specific days (last page).
Previous Ambos archived on
our website.

AMBO: Articles for publica-
tion should be submitted to:
ambo-theodosius@googlegroups.com



St. Tikhon, Bishop of Vorónezh,
Wonderworker of Zadónsk and All Russia (Aug 13)
St. Theodosius Orthodox Cathedral Ambo - Page 1

Saint Tikhon of Zadonsk, Bishop of Voronezh (in the world Timothy), was born in the year 1724 in the village of Korotsk in the Novgorod diocese, into the family of the cantor Sabellius Kirillov. (A new family name, Sokolov, was given him afterwards by the head of the Novgorod seminary). His father died when Timothy was a young child, leaving the family in such poverty that his mother was barely able to make ends meet. She wanted to give him to be raised by a neighbor, a coachman, since there was nothing with which to feed the family, but his brother Peter would not permit this. Timothy often worked a whole day with the peasants for a single piece of black bread.

As a thirteen-year-old boy, he was sent to a clergy school near the Novgorod archbishop's home, and earned his keep by working with the vegetable gardeners. In 1740, he was accepted under a state grant set up for the Novgorod seminary. The youth excelled at his studies. Upon finishing seminary in 1754, he became a teacher there, first in Greek, and later in Rhetoric and Philosophy. In the year 1758, he was tonsured with the name Tikhon. In that same year they appointed him to be prefect of the seminary.

In 1759, they transferred him to Tver, elevating him to be archimandrite of the Zheltikov monastery. Later, they appointed him rector of the Tver seminary and, at the same time, head of the Otroch monastery.

His election as bishop was providential. Metropolitan Demetrius, the presiding member of the Holy Synod, had intended to transfer the young archimandrite to the Trinity-Sergiev Lavra. On the day of Pascha, at Peterburg, Archimandrite Tikhon was one of eight candidates being considered for selection as vicar-bishop for Novgorod. The lot fell on him three times.

On the same day, during the Cherubic Hymn, Bishop Athanasius of Tver, without realizing it, commemorated him as a bishop while cutting out particles from the prosphora at the Table of Oblation. On May 13, 1761 he was consecrated Bishop of Keksgolma

and Ladoga (i.e., a vicar bishop of the Novgorod diocese).

In 1763, Saint Tikhon was transferred to the See of Voronezh. During the four and a half years that he administered the Voronezh diocese, Saint Tikhon provided constant edification, both by his life and by his numerous pastoral guidances and soul-saving books. He wrote a whole series of works for pastors: *Concerning the Seven Holy Mysteries, A Supplement to the Priestly Office, Concerning the Mystery of Repentance, and An Instruction Concerning Marriage*.

The saint considered it essential that each priest, deacon and monk have a New Testament, and that he should read it daily. In an Encyclical, he called on pastors to perform the Holy Mysteries with reverence, with the fear of God, and love for one's neighbor. (An Explanation of Christian Duties was often republished in Moscow and Peterburg during the eighteenth century).

At Voronezh the saint eradicated an ancient pagan custom, the celebration in honor of Yarila (a pagan god associated with the fertility of grain and cattle). In the outlying districts where military units of the Don Cossacks were dispersed, he formed a missionary commission to restore sectarians to the Orthodox Church.

In 1765, Saint Tikhon transformed the Voronezh Slavic-Latin school into a seminary. He invited experienced instructors from Kiev and Kharkhov, and planned the courses for it. He exerted much attention and effort to build up both the churches and the school, and to guide pastors to understand the need for education.

The saint was unflagging in his efforts to administer the vast diocese, and he often spent nights without sleep. In 1767, poor health compelled him to give up running the diocese and withdraw for rest to the Tolshhevsk monastery, at a distance 40 versts from Voronezh.

In 1769, the saint transferred to the monastery of the Theotokos in the city of Zadonsk. Having settled into this monastery, Saint Tikhon became a great teacher of the Christian life. With deep wisdom he set forth the ideal of true monasticism in his Rule of Monastic Living and his Guidances to Turn from the Vanity of the World, and in his own life he fulfilled this ideal. He kept strictly to the precepts of the Church. Zealously (almost daily) he visited the temple of God, and he often sang and read in the choir. In time, out of humility, he altogether ceased participating and serving, but merely stood in the altar, reverently making the Sign of the Cross over himself. He loved to read the Lives of the Saints and the works of the Holy Fathers. He knew The Psalter by heart, and he usually read or sang the Psalms on his journeys.

The saint underwent much tribulation because he had to leave his flock. When he recovered his health, he thought about returning to the Novgorod diocese, where Metropolitan Gabriel had invited him to head the Ivéron Vallaisk monastery. But when his cell-attendant mentioned this to the Elder Aaron, he declared: "Are you mad? The Mother of God does not direct him to move away from here." The cell-attendant conveyed this to His Grace.

"If that is so," said the saint "I shall not move away from here," and he tore up the invitation. Sometimes

he journeyed to the village of Lipovka, where he celebrated church services at the Bekhteev house. The saint journeyed also to the Tolshev monastery, which he loved for its solitude.

The fruition of all his spiritual life were the books that the saint wrote while in retirement: *A Spiritual Treasury, Gathered from the World* (1770), and *On True Christianity*(1776).



The saint lived in very simple circumstances: he slept on straw, covered by a sheepskin coat. His humility was so great that he paid no attention to the workers who laughed at him as he walked about the monastery, pretending that he did not hear it. He used to say, "It is pleasing to God that even the monastery workers mock me, and I deserve it because of my sins."

He often said, "Forgiveness is bet-

ter than revenge."

Once, a fool named Kamenev struck the saint on the cheek saying, "Don't be so haughty." The saint, accepting this with gratitude, gave the fool three kopeks every day for the rest of his life.

All his life the saint "in troubles, and sorrows, and insults... joyfully endured, mindful that there can be no crown without the victory, nor victory without effort, nor effort without struggle, nor struggle without

enemies" (Ode 6 of the Canon).

Strict towards himself, the saint was indulgent towards others. On the Friday before Palm Sunday, he entered the cell of his friend the schemamonk Metrophanes, and he saw him at table together with Cosmas Ignatievich, of whom he was also fond. There was fish on the table, and his friends became upset (fish is not permitted during Lent, except for Feast days). The saint said, "Sit down, for I know you. Love is higher than fasting." To further calm them, he ate some of their fish soup.

He especially loved the common folk, and comforted them in their grievous lot, interceding with the landowners, and moving them to compassion. He gave away his pension, and gifts from admirers, to the poor.

By his deeds of self-denial and love of soul, the saint advanced in contemplation of Heaven and foresaw the future. In 1778, he had a vision in his sleep: the Mother of God stood in the clouds, and near Her were the Apostles Peter and Paul. On bended knees, the saint prayed to the All-Pure Virgin for the peace of the whole world. The Apostle Paul loudly exclaimed: "When they shall say, peace and safety; then sudden destruction will come upon them" (I Thess. 5:3). The saint fell asleep in trembling and in tears. The following year, he again saw the Mother of God in the air and several people near Her. The saint knelt down, and near him four others in white garments also fell to their knees. The saint entreated the All-Pure Virgin for someone, that She would not leave him (the saint did not tell his cell-attendant who the four people were, nor for whom the request was made). She answered, "Let it be as you ask."

Saint Tikhon prophesied much about the future, particularly the victory of Russia over the French in 1812. More than once they saw the saint in spiritual rapture, with a transformed and luminous face, but he forbade them to speak about this.

For three years before his repose he prayed each day, "Tell me, O Lord, of my end." And a quiet voice in the morning dawn said, "It will be on a Sunday." In that same year, he saw in a dream a beautiful meadow with wondrous palaces upon it. He wanted to go inside, but they said to him: "In three years, you may enter. For now, continue your labors." After this the saint secluded himself in his cell and admitted only a few friends.

Both clothing and a grave were prepared for the time of his death. He often came to weep over his coffin, while standing hidden from people in a closet. A year and three months before his death, in a vivid dream, it seemed to the saint that he was standing in the monastery church. A priest of his acquaintance was carrying the Divine Infant, covered with a veil, out of the altar through the Royal Doors. The saint approached and kissed the Infant on the right cheek, and he felt himself stricken on the left. Awakening, the saint sensed a numbness in his left cheek, his left leg, and a trembling in his left hand. He accepted this illness with joy.

Shortly before his death, the saint saw in a dream a high and twisting ladder and he heard a command to climb it. "At first, I was afraid because of weakness," he told his friend Cosmas. "But when I started to go climb, the people standing around the ladder lifted me higher and higher, up to the very clouds."

"The ladder," said Cosmas, "is the way to the Heavenly Kingdom. Those who helped were those you have helped by your advice, and they remember you." The saint said with tears, "I thought so, too. I feel that my end is near." He frequently received the Holy Mysteries during his illness.

Saint Tikhon died, as was revealed to him, on Sunday August 13, 1783, at the age of fifty-nine. The first uncovering of his relics occurred on May 14, 1846.

Saint Tikhon's glorification took place on Sunday August 13, 1861.

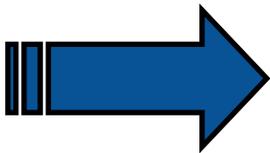
A Celebration of Service

Please join us in celebrating the many years of service that Fr. John, Subdeacon Theodore, and Reader and Choirmaster Ken have graciously given to St. Theodosius!

When: Sunday, September 12 at noon

Where: St. Theodosius Church Hall

Cost: \$15 per adult (15+) / \$5 per child / \$35 max per house



Please RVSP to Judy Schwind, Cathy Weber, or the office (216.574.4886 / StTheodosiusCathedral@protonmail.com) no later than **August 29**. We hope to see you there!

CHURCH SCHOOL

Church School to begin on **Saturday, September 25th at 5:00 PM**. We ask parents to enroll their children as opportunities to educate them in the Orthodox Faith are rare and few. To enroll your child, please contact the parish office by phone or at StTheodosiusCathedral@protonmail.com

VISITATIONS

Fr. Cizmar would like to know who requires visitation. He is eager to visit those who might have gone a long time without visitation due to COVID, our absence of a rector, or for any reason at all. A key duty of a priest's ministry is to visit the sick and confined, those unable to attend the holy services for any reason. He asks that we use the contact number provided should we need anything from him. His phone number and email address are printed on the front of every Ambo, and are repeated here:

Father Jan Cizmar

1(440) 732-8182 st.theodosiuscathedral@gmail.com



Important Notice:

Fr. Jan's smartphone died suddenly – no opportunities to back things up. His appointments, contacts, text messages, all gone. If you have an appointment with him, please contact him to confirm it. The number on the new phone is the same, so use the listed number on the front of the Ambo (1(440) 732-8182) or his email: st.theodosiuscathedral@gmail.com



ALTAR SOCIETY MEETING

The Altar Society will meet today (August 8th) following Divine Liturgy

PRAYER LIST ISSUE

We are having an issue with the prayer list: names go on but they do not come off. Some names certainly should not come off, but many names also linger needlessly. We are going to assume each submitted name is to be on for one month, unless special instructions are given specifying a different amount of time. We will also ask for submissions to the prayer list asking for removals—names that you know should come off. Starting with the August 1st Ambo, **each name will be on for one month** and then automatically come off unless otherwise requested.

Thank you everyone who has been informing us of what names to keep and which to remove—progress has been made but we still have a bit of work to do. Please keep the information coming.

Due to the pandemic, and our financial position last year, we suspended the Food Pantry bags for **Merrick House** (20 bags of groceries for their Moms First program). There are envelopes in the foyer specifically for this, or you can earmark a special offering envelope for the Merrick House Food Pantry. Please consider 'sponsoring a bag' for \$10.

Thank you for your consideration.

- Dan Morris

FR. JAN'S OFFICE HOURS

Fr. Jan is in the office Tuesday through Friday from approximately 9:00AM to 2:00PM. He asks that we call ahead to schedule an appointment rather than just walk in, in case he is out visiting someone, in a meeting, or counseling someone.

22nd Annual Tremont Arts & Cultural Festival—9/18

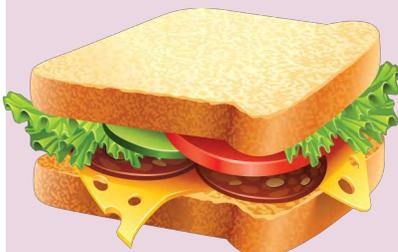
Another year, another Arts & Cultural Festival! Volunteers needed, so please contact Subdeacon Michael Tabelaing if you can help.

Some more info here: <https://experiencetremont.com/featured-events/tremont-arts-cultural-festival/>

MARK YOUR CALENDARS:

His Eminence Bishop Paul is coming on **September 12th**. Please attend as we will be celebrating the Hierarchical Divine Liturgy and also do extend an invitation to friends and family as well.

Sandwiches for St. Herman House



The 2nd Saturday of each month, a small crew will help serve lunch at St. Herman's. The next day (Sunday), we will make more sandwiches for them during Coffee Hour in our Parish Hall. If you can help, please join us!

If you wish to help defer costs, please see Dan Morris.



PRAYER REQUESTS



Special Intentions:

Deacon Paul Mitchell (*Tom Mitchell's father*)

Protodeacon Dan Boerio

Subdeacon Theodore Lentz

Reader Paul Pangrace

Arlene Czajkowski

Jennifer Boerio

Child Mary Kate Zweidunger

Melissa (*cousin of Mary Ann Kovach*)

Elizabeth (Betty) Balasz

Marie Borland

Horia Dascalescu

Debra Ellis

Gregory Galan

Aleksei Green

Virginia Haupt (*Lisa Theodore's mother*)

Don Hinkl

Matthew Hunly (*Phyllis Gindlesperger's brother-in-law*)

Diane Kearsey (*Janice Tkacz's sister*)

Annamarie Luvison (*Daughter of Kaite Ellis-Luvison*)

Chris Magee (*Erin Zawolowycz's brother*)

Paul Mihal

Natalya Miller (*Arlene Neale's great-niece*)

Andrew Mytrohovich

Debra Parhamovich (*Karen Felon's*

sister)

Grace Parhamovich (*Karen Felon's mother*)

James Peter Petkac

Elena Rich (*Jerry Czajkowski's daughter*)

Andrew Sykaluk

Elaine Sudnick (*Joy Pfeiffer's mother*)

Tony Sykaluk (*friend of Lydia Mytrohovich*)

Janice Tkacz

Gayle Vidovitch

Eleanor Wachovec (*friend of Karen Felon*)

Robert Walsh (*friend of the Felons*)

Colleen Walsh (*friend of the Felons*)

Erin Zawolowycz

Kristin Robinson

Mary Kay Weber

Mirta Szewczyk (*friend of Tatiana*)

Mickey O'Brien (*friend of Arlene*)

Kelly Buehner

Anna Sykaluk (*friend of Tatiana*)

Edward Zewczyk (*friend of Tatiana*)

Joe Czajkowski (*son of Jerry*)

Patrick Gallagher

Elliott Udell (*grandson of Michael Udell*)

William Nasi (*brother-in-law of Kenneth Kovach*)

Michelle Frampton (*cousin of Fr.*

Zdinak)

Jeanne Charles (*friend of Arlene Neal/Czajkowski*)

Carol Nielsen (*Paul Pangrace's sister*)

Matthew Ponomarenko

Alexander Ponomarenko

Virginia Medvec

Charles Linderman (*friend of Joyce Tabeling*)

Phyllis Gindlesperger

Stephen Chwalyk

Merio (*friend of Fr. Adamcio*)

Michael Bowman (*Lydia Mytrohovich's neighbor*)

Margaret "Peg" Peyton (*Cathy's aunt*)

Michael Novail (*friend of Subdeacon Leon*)

Child Benjamin Udell (*son of Michael and Lacey*)

Juliana and Child Fable Evelyn (*Daughter and Granddaughter of Paul Finley*)

BIBLE READINGS FOR THE WEEK OF August 8

Aug 8

Luke 24:36-53
 1 Cor 1:18-24
 John 19:6-11, 13-20, 25-28, 30-35
 Heb 11:33-12:2
 Matt 10:32-36; 11:1
 John 5:1-4
 Rom 12:6-14
 Matt 9:1-8

Aug 9

Wis 3:1-9
 Wis 5:15-6:3

Wis 4:7-15

Matt 11:27-30
 Gal 5:22-6:2
 Luke 6:17-23
 1 Cor 9:13-18
 Matt 16:1-6

Aug 10

1 Cor 10:5-12
 Matt 16:6-12

Aug 11

1 Cor 10:12-22
 Matt 16:20-24

Aug 12

1 Cor 10:28-11:7
 Matt 16:24-28

Aug 13

Composite 2—Proverbs 10, 3, 8
 Prov 10:31-11:12
 Wis 4:7-15
 John 10:9-16
 Heb 7:26-8:2
 Matt 5:14-19
 1 Cor 11:8022
 Matt 17:10-18

Aug 14

Rom 13:1-10
 Matt 12:30-37

Aug 15

Gen 28:10-17
 Ezek 43:27-44:4
 Prov 9:1-11
 Luke 1:39-49, 56
 1 Cor 1:10-18
 Matt 14:14-22
 Phil 2:5-11
 Luke 10:38-42; 11:27-28

ST. THEODOSIUS IS NOW A SUBSCRIBER TO TITHE.LY

In response to requests to be able to donate electronically, we have set up a Tithe.ly account so people can donate either regularly or for special occasions online. Click here to see: <https://www.sttheodosius.org/donate>
 Special thanks to Council Vice President Cathy Weber and our Webmaster Kate Zolikoff for making this happen.



Sunday, Aug 8

7th Sunday After Pentecost

Afterfeast of Transfiguration

St. Emilian the Confessor, Bishop of Cyzikus
 8:40 AM 3rd and 6th Hours read
 9:00 AM Divine Liturgy
 Coffee Hour to follow
 Altar Society Meeting following Divine Liturgy

Monday, Aug 9

Glorification of Ven. Herman of Alaska, Wonderworker of all America

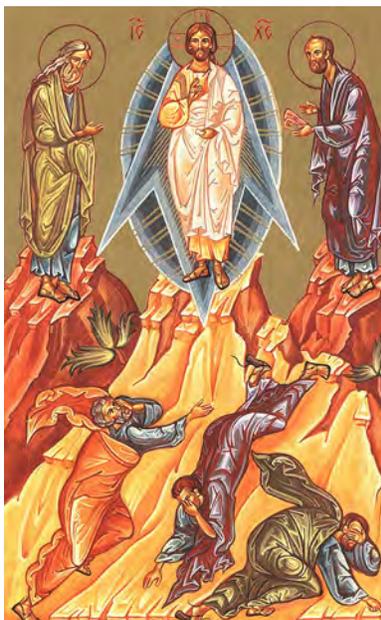
Tuesday, Aug 10

Holy Martyr and Archdeacon Laurence of Rome

Wednesday, Aug 11

Holy Martyr and Archdeacon Euplius of Catania

WEEKLY SCHEDULE 2021



Thursday, Aug 12

Martyrs Anicletus and Photius of Nicomedia
 11:00 AM Faith Enrichment Parish Hall

Friday, Aug 13

St. Tikhon, Bishop of Vorónezh, Wonderworker of Zadónsk and All Russia

Saturday, Aug 14

Translation of the Relics of Ven. Theodosius of the Kiev Caves
 Great Vespers 6:00 PM

Sunday, Aug 15

8th Sunday After Pentecost

The Dormition of our Most Holy Lady, Theotokos and Ever-Virgin Mary
 8:40 AM 3rd and 6th Hours read
 9:00 AM Divine Liturgy
 Coffee Hour to follow